

# XXXIII. Internationaler 100km-Lauf von Grünheide/Kienbaum

## Gesamteinlauf 50km

RANKING	RANKING		NO.	NAME	RANKING		CLUB	NAT	RESULT	
	TOTAL	AGE			CLAAS	TOTAL				AGE
1	1.	M50	184	Ralf Preibisch			Olympia Halsteren	NL	03:16:45	
				00:19:17	00:38:25		00:57:54	01:17:16	01:36:52	
				01:56:34	02:16:30		02:36:24	02:56:30	03:16:45	
2	1.	M45	188	Holger Stoek			LAV Halensia	DE	03:25:54	
				00:20:29	00:41:05		01:01:35	01:22:29	01:42:44	
				02:03:06	02:23:38		02:44:26	03:04:47	03:25:54	
3	1.	M35	192	Sven Eppelsheimer			A3K Berlin	DE	03:33:21	
				00:21:23	00:42:27		01:03:31	01:23:25	01:43:23	
				02:03:20	02:23:25		02:45:27	03:09:29	03:33:21	
4	1.	M20	197	Florian Reus			LG Würzburg	DE	03:39:15	
				00:22:41	00:44:52		01:06:36	01:28:20	01:50:12	
				02:12:25	02:33:59		02:55:46	03:17:15	03:39:15	
5	2.	M35	175	Max Bisanz			Frankfurt/Oder	DE	03:55:29	
				00:23:46	00:47:04		01:10:14	01:33:11	01:56:15	
				02:19:21	02:42:51		03:06:38	03:30:49	03:55:29	
6	2.	M45	191	Herbert Ziefle			LSG Karlsruhe	DE	04:05:35	
				00:24:45	00:49:02		01:13:00	01:37:20	02:01:37	
				02:26:02	02:50:23		03:15:27	03:40:37	04:05:35	
7	1.	M55	194	Norbert Madry			SF Blau-Gelb Marb	DE	04:10:49	
				00:25:30	00:50:20		01:15:28	01:40:35	02:05:35	
				02:30:35	02:55:34		03:20:45	03:45:51	04:10:49	
8	2.	M50	198	Hans-Joachim Sprie				0	DE	04:22:34
				00:25:30	00:50:22		01:15:38	01:40:52	02:05:40	
				02:31:25	02:57:37		03:24:59	03:53:14	04:22:34	
9	1.	W55	174	Monika Belau			Harburger SC	DE	04:25:25	
				00:24:53	00:49:57		01:15:12	01:40:01	02:05:11	
				02:31:09	02:57:58		03:26:14	03:55:22	04:25:25	
10	3.	M50	131	Martin Rudolph			LSG Karlsruhe	DE	04:30:24	
				00:26:46	00:53:46		01:20:26	01:46:52	02:13:18	
				02:39:14	03:05:44		03:33:16	04:02:15	04:30:24	
11	4.	M50	200	Carsten Keller			LG DUV	DE	04:32:22	
				00:26:46	00:53:46		01:20:26	01:46:53	02:13:18	
				02:39:15	03:05:44		03:32:44	04:01:35	04:32:22	

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RANKING	NO.	NAME	CLUB	NAT	RESULT	TOTAL AGE CLAAS	
12	3. M35	189 Sebastian Thiel	Berlin	DE	04:38:10	00:27:46	00:55:19
						02:44:57	03:13:02
							01:23:02
							01:50:10
							02:17:18
							04:38:10
13	1. M30	176 Johannes Brandl	DUV	DE	04:51:09	00:55:16	01:19:59
						02:59:59	03:26:42
							01:44:23
							02:09:07
							02:34:02
							04:51:09
14	5. M50	179 Maik Ingwersen	SV Potsdam	DE	05:06:06	00:28:16	00:55:49
						02:46:18	03:17:46
							01:22:58
							01:50:05
							02:17:50
							05:06:06
15	1. M60	196 Mike Friedl	Marathon Club Istar	DE	05:07:45	00:29:57	00:59:38
						03:01:49	03:32:53
							01:29:32
							01:59:53
							02:30:30
							05:07:45
16	3. M45	193 Tom Fedler	Forum Team Berlin	DE	05:11:55	00:32:17	01:04:20
						03:12:30	03:43:16
							01:36:52
							02:08:41
							02:40:25
							05:11:55
17	2. M60	185 Wolfgang Preiß	SC Borus. Friedrich	DE	05:22:50	00:28:36	00:57:11
						02:54:23	03:28:51
							01:25:38
							01:54:13
							02:23:36
							05:22:50
18	4. M35	199 Rene Osswald	DLRG LG Potsdam	DE	05:30:26	00:30:57	01:01:19
						03:01:00	03:36:51
							01:30:38
							02:00:50
							02:30:12
							05:30:26
19	1. M40	132 Stefan Scholz	LG DUV	DE	05:50:37	00:34:24	01:07:20
						03:25:12	04:00:27
							01:41:18
							02:16:22
							02:50:30
							05:50:37
20	1. W50	190 Evelyn Zebisch	TSV Neuried	DE	06:23:35	00:32:24	01:05:28
						03:31:12	04:12:25
							01:39:06
							02:13:57
							02:51:04
							06:23:35
21	2. W50	180 Silvia Koschwitz	Berliner Seehunde	DE	11:19:29	01:00:08	02:03:26
						06:33:32	07:43:07
							03:08:44
							04:15:03
							05:23:03
							11:19:29