

XXXVI. Internationaler 100km-Lauf von Grünheide/Störitz



2. Störitzseelauf am 19.03.2016

Ergebnisliste nach Geschlecht mit AK-Wertung - 100 km

Pl.	AK	Snr.	Name	Verein (Wohnort)	NAT	Ziel	
100 km							
Frauen							
1.	1. W60	427	HERGER, Ursula	SMRUN Schweiz	GER	9:38:54	
			00:27:43 (27:43)	00:55:08 (27:25)	01:22:49 (27:42)	01:50:28 (27:39)	02:17:58 (27:31)
			02:46:04 (28:07)	03:13:53 (27:49)	03:41:47 (27:54)	04:11:10 (29:24)	04:38:58 (27:48)
			05:07:41 (28:44)	05:38:55 (31:15)	06:08:07 (29:12)	06:38:51 (30:44)	07:10:18 (31:28)
			07:39:32 (29:15)	08:10:44 (31:12)	08:40:38 (29:54)	09:10:13 (29:36)	09:38:54 (28:41)
2.	1. W50	406	SELENT, Andrea	Hannover	GER	10:55:38	
			00:30:59 (30:59)	01:01:29 (30:30)	01:32:34 (31:05)	02:03:59 (31:26)	02:35:49 (31:50)
			03:07:22 (31:33)	03:38:39 (31:17)	04:10:35 (31:57)	04:42:24 (31:50)	05:13:48 (31:25)
			05:45:25 (31:37)	06:18:08 (32:44)	06:50:37 (32:30)	07:23:12 (32:35)	07:57:32 (34:21)
			08:32:34 (35:02)	09:08:54 (36:21)	09:44:47 (35:53)	10:21:28 (36:42)	10:55:38 (34:11)
3.	1. W35	411	SEIFERT, Anja	PSV Kamenz	GER	11:17:28	
			00:30:42 (30:42)	01:00:16 (29:35)	01:30:36 (30:20)	02:01:16 (30:41)	02:31:50 (30:34)
			03:04:55 (33:05)	03:36:29 (31:35)	04:08:48 (32:19)	04:43:04 (34:17)	05:15:21 (32:17)
			05:47:52 (32:32)	06:21:07 (33:16)	06:58:20 (37:13)	07:30:57 (32:38)	08:05:00 (34:03)
			08:42:08 (37:08)	09:25:55 (43:48)	10:02:05 (36:10)	10:39:54 (37:50)	11:17:28 (37:34)
4.	1. W55	409	NOICHL, Gabriele	LC Ron-Hill Berlin	GER	11:26:34	
			00:30:42 (30:42)	01:00:15 (29:33)	01:30:36 (30:21)	02:01:16 (30:41)	02:33:53 (32:37)
			03:05:13 (31:21)	03:37:33 (32:21)	04:09:54 (32:22)	04:42:45 (32:51)	05:15:51 (33:07)
			05:50:35 (34:45)	06:27:16 (36:41)	07:04:12 (36:56)	07:40:16 (36:05)	08:18:24 (38:08)
			08:57:14 (38:51)	09:34:46 (37:33)	10:11:44 (36:58)	10:48:52 (37:09)	11:26:34 (37:42)
	W45	466	SCHÖNDUBE, Jeannette	LG Wilhelmshaven	GER	DNF	
			00:30:35 (30:35)	01:01:40 (31:05)	01:35:02 (33:23)	02:06:28 (31:26)	02:37:20 (30:52)
			03:08:32 (31:13)	03:39:38 (31:07)	04:11:16 (31:38)	04:49:12 (37:56)	05:22:20 (33:09)
			0	0	0	0	0
			0	0	0	0	0
Männer							
1.	1. M40	432	KIWUS, Dirk	LG Nord Berlin	GER	7:59:54	
			00:22:37 (22:37)	00:45:13 (22:37)	01:07:49 (22:36)	01:30:33 (22:45)	01:53:20 (22:48)
			02:15:55 (22:35)	02:38:42 (22:48)	03:01:23 (22:41)	03:23:50 (22:28)	03:46:34 (22:45)
			04:09:24 (22:51)	04:32:58 (23:34)	04:57:17 (24:19)	05:22:42 (25:26)	05:48:35 (25:54)
			06:15:15 (26:41)	06:41:36 (26:21)	07:09:01 (27:25)	07:35:34 (26:34)	07:59:54 (24:20)
2.	1. M45	464	LAENGER, Uwe	1. FC Union Berlin	GER	8:17:22	
			00:24:45 (24:45)	00:48:42 (23:58)	01:12:26 (23:45)	01:35:32 (23:06)	01:58:58 (23:27)
			02:22:38 (23:41)	02:45:44 (23:06)	03:09:10 (23:26)	03:32:15 (23:06)	03:55:57 (23:43)
			04:19:59 (24:02)	04:44:33 (24:35)	05:09:39 (25:06)	05:35:58 (26:20)	06:03:58 (28:00)
			06:33:00 (29:02)	06:59:02 (26:03)	07:24:50 (25:49)	07:51:27 (26:38)	08:17:22 (25:55)
3.	2. M45	475	ZAPLETAL, Dr. Arnd	VfL Brandenburg	GER	8:26:20	
			00:25:26 (25:26)	00:51:11 (25:46)	01:16:13 (25:03)	01:41:30 (25:17)	02:07:04 (25:34)
			02:32:23 (25:20)	02:57:44 (25:21)	03:23:04 (25:21)	03:47:50 (24:46)	04:12:12 (24:22)
			04:36:47 (24:36)	05:02:01 (25:15)	05:26:52 (24:52)	05:52:52 (26:00)	06:18:53 (26:01)
			06:44:52 (26:00)	07:10:23 (25:32)	07:35:47 (25:24)	08:00:27 (24:41)	08:26:20 (25:54)
4.	1. M50	420	GRAF, Olaf	TSG Rot-Weiß	GER	8:50:35	
			00:24:55 (24:55)	00:49:30 (24:35)	01:14:41 (25:12)	01:38:55 (24:15)	02:03:18 (24:23)
			02:29:27 (26:10)	02:53:29 (24:03)	03:18:23 (24:54)	03:42:59 (24:37)	04:08:42 (25:43)
			04:34:08 (25:26)	05:00:00 (25:53)	05:26:13 (26:13)	05:53:22 (27:10)	06:21:33 (28:11)
			06:51:02 (29:30)	07:22:06 (31:05)	07:52:20 (30:14)	08:22:05 (29:46)	08:50:35 (28:31)
5.	1. M35	460	PRÜFER, Gaston	Berlin	GER	8:54:53	
			00:27:18 (27:18)	00:53:46 (26:28)	01:19:22 (25:37)	01:44:38 (25:16)	02:09:45 (25:08)
			02:34:41 (24:57)	02:59:52 (25:12)	03:25:46 (25:54)	03:50:59 (25:13)	04:16:25 (25:26)
			04:42:43 (26:19)	05:12:10 (29:28)	05:40:31 (28:21)	06:08:26 (27:56)	06:38:52 (30:26)
			07:06:58 (28:06)	07:35:18 (28:21)	08:03:00 (27:43)	08:30:11 (27:11)	08:54:53 (24:43)
6.	3. M45	454	PIPPIG, Karsten	Team ERDINGER Alkoholfrei	GER	9:12:57	
			00:25:28 (25:28)	00:50:06 (24:39)	01:15:29 (25:23)	01:41:13 (25:45)	02:06:57 (25:44)
			02:32:29 (25:33)	02:58:07 (25:38)	03:23:54 (25:48)	03:50:01 (26:07)	04:16:10 (26:10)
			04:47:24 (31:15)	05:17:21 (29:58)	05:46:26 (29:05)	06:17:03 (30:38)	06:46:12 (29:09)
			07:15:48 (29:37)	07:45:08 (29:20)	08:14:54 (29:47)	08:44:17 (29:24)	09:12:57 (28:40)
7.	4. M45	473	THIEME, Günter	ESV Lok Zwickau	GER	9:17:07	
			00:27:27 (27:27)	00:55:10 (27:44)	01:23:05 (27:55)	01:50:12 (27:08)	02:17:05 (26:53)
			02:44:06 (27:02)	03:11:00 (26:54)	03:37:55 (26:56)	04:05:23 (27:29)	04:33:36 (28:13)
			05:01:45 (28:09)	05:29:35 (27:50)	05:57:17 (27:42)	06:25:18 (28:02)	06:53:54 (28:36)
			07:22:48 (28:55)	07:51:42 (28:54)	08:20:18 (28:36)	08:48:48 (28:31)	09:17:07 (28:19)
8.	2. M40	471	STOLZ, Thomas	TC Fiko Rostock	GER	9:37:13	
			00:27:44 (27:44)	00:55:10 (27:27)	01:23:06 (27:56)	01:51:02 (27:57)	02:18:49 (27:47)
			02:46:37 (27:48)	03:14:09 (27:33)	03:42:12 (28:03)	04:09:53 (27:42)	04:37:39 (27:47)
			05:06:02 (28:24)	05:34:12 (28:10)	06:02:48 (28:37)	06:32:16 (29:28)	07:01:24 (29:09)
			07:31:44 (30:21)	08:02:41 (30:57)	08:34:16 (31:36)	09:06:53 (32:38)	09:37:13 (30:20)

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Ergebnisliste nach Geschlecht mit AK-Wertung - 100 km



Pl.	AK	Snr.	Name	Verein (Wohnort)	NAT	Ziel	
9.	2. M35	483	MAIKSTAT, Gunnar	Multisport LOS	GER	9:38:21	
			00:28:02 (28:02)	00:54:42 (26:40)	01:22:11 (27:30)	01:49:02 (26:52)	02:16:14 (27:12)
			02:42:25 (26:11)	03:08:22 (25:58)	03:35:05 (26:43)	04:02:50 (27:45)	04:31:14 (28:24)
			05:07:22 (36:08)	05:36:06 (28:45)	06:06:05 (29:59)	06:35:11 (29:07)	07:04:39 (29:29)
			07:34:42 (30:03)	08:13:31 (38:50)	08:42:47 (29:16)	09:11:27 (28:41)	09:38:21 (26:54)
10.	5. M45	457	MEYER, Jürgen	Team Klinikum Nürnberg	GER	9:55:06	
			00:28:03 (28:03)	00:56:18 (28:15)	01:24:15 (27:57)	01:52:37 (28:23)	02:20:46 (28:10)
			02:49:09 (28:23)	03:17:01 (27:53)	03:45:16 (28:16)	04:13:42 (28:27)	04:43:36 (29:55)
			05:13:14 (29:38)	05:43:01 (29:48)	06:12:47 (29:46)	06:43:18 (30:32)	07:14:19 (31:01)
			07:45:43 (31:25)	08:17:51 (32:09)	08:50:20 (32:29)	09:23:15 (32:56)	09:55:06 (31:51)
11.	1. M55	428	HOPP, Michael	ESV Lok Potsdam	GER	9:56:00	
			00:27:27 (27:27)	00:55:10 (27:43)	01:23:04 (27:55)	01:50:50 (27:46)	02:19:01 (28:11)
			02:47:14 (28:14)	03:15:38 (28:25)	03:44:09 (28:31)	04:13:05 (28:56)	04:42:48 (29:43)
			05:12:09 (29:22)	05:42:01 (29:52)	06:12:39 (30:38)	06:43:57 (31:19)	07:15:35 (31:38)
			07:47:51 (32:17)	08:19:23 (31:32)	08:51:22 (31:59)	09:24:03 (32:42)	09:56:00 (31:58)
12.	3. M40	474	WOITYNEK, Martin	LG Nord Berlin	GER	10:21:36	
			00:27:26 (27:26)	00:55:08 (27:42)	01:22:50 (27:43)	01:50:12 (27:23)	02:17:05 (26:53)
			02:44:06 (27:02)	03:11:51 (27:46)	03:39:35 (27:45)	04:08:30 (28:55)	04:38:11 (29:41)
			05:09:02 (30:52)	05:39:52 (30:50)	06:14:28 (34:37)	06:46:36 (32:09)	07:19:59 (33:24)
			07:54:07 (34:09)	08:29:29 (35:22)	09:07:16 (37:47)	09:44:20 (37:05)	10:21:36 (37:17)
13.	4. M40	472	THEMM, Thorsten	ALG VfL Bokel	GER	10:24:17	
			00:28:13 (28:13)	00:55:48 (27:35)	01:23:24 (27:36)	01:50:28 (27:05)	02:17:43 (27:15)
			02:46:08 (28:26)	03:13:53 (27:45)	03:42:21 (28:29)	04:10:37 (28:17)	04:39:04 (28:27)
			05:09:01 (29:57)	05:40:12 (31:12)	06:13:22 (33:10)	06:45:55 (32:34)	07:19:15 (33:20)
			07:54:13 (34:58)	08:29:33 (35:20)	09:08:00 (38:28)	09:46:42 (38:42)	10:24:17 (37:36)
14.	2. M55	418	FRUNZKE, Thomas	Storkow	GER	10:32:19	
			00:28:53 (28:53)	00:57:39 (28:47)	01:27:16 (29:37)	01:57:18 (30:03)	02:27:08 (29:51)
			02:57:45 (30:38)	03:27:46 (30:01)	03:59:45 (32:00)	04:32:27 (32:42)	05:05:36 (33:09)
			05:37:53 (32:18)	06:10:35 (32:43)	06:42:42 (32:07)	07:15:07 (32:25)	07:47:52 (32:46)
			08:20:49 (32:58)	08:53:58 (33:10)	09:27:08 (33:10)	10:00:30 (33:22)	10:32:19 (31:49)
15.	2. M50	421	HARTMANN, Jürgen	PSV Stralsund	GER	10:44:00	
			00:28:57 (28:57)	00:57:41 (28:45)	01:27:48 (30:07)	01:57:06 (29:19)	02:27:49 (30:44)
			02:57:46 (29:58)	03:27:52 (30:06)	03:57:39 (29:47)	04:28:34 (30:56)	04:58:29 (29:56)
			05:30:38 (32:09)	06:00:55 (30:17)	06:34:27 (33:32)	07:06:13 (31:47)	07:41:42 (35:29)
			08:14:52 (33:10)	08:50:45 (35:54)	09:26:18 (35:34)	10:05:21 (39:04)	10:44:00 (38:39)
16.	6. M45	423	HAUSDORF, Mike	LG Mauerweg Berlin	GER	10:53:53	
			00:31:22 (31:22)	01:01:52 (30:31)	01:32:15 (30:23)	02:02:00 (29:46)	02:31:45 (29:45)
			03:00:46 (29:01)	03:29:59 (29:13)	04:00:37 (30:39)	04:30:44 (30:07)	05:00:06 (29:22)
			05:32:03 (31:58)	06:04:54 (32:51)	06:38:19 (33:25)	07:11:45 (33:27)	07:47:40 (35:56)
			08:23:12 (35:32)	08:58:15 (35:04)	09:38:03 (39:49)	10:14:27 (36:24)	10:53:53 (39:27)
17.	3. M50	408	LEIHBECHER, Jens	Lauffeuer Fröttstädt	GER	10:55:38	
			00:30:59 (30:59)	01:01:29 (30:30)	01:32:33 (31:05)	02:03:59 (31:26)	02:35:49 (31:50)
			03:07:21 (31:33)	03:38:52 (31:31)	04:10:35 (31:43)	04:42:24 (31:49)	05:13:48 (31:25)
			05:45:24 (31:37)	06:18:08 (32:44)	06:50:37 (32:30)	07:23:12 (32:35)	07:57:32 (34:21)
			08:32:34 (35:02)	09:09:28 (36:55)	09:44:47 (35:19)	10:21:28 (36:42)	10:55:38 (34:11)
18.	5. M40	456	MARSCHALLEK, Stephan	TV Fürstenwalde 1990	GER	11:44:11	
			00:28:53 (28:53)	00:57:39 (28:47)	01:27:16 (29:37)	01:57:17 (30:02)	02:27:08 (29:51)
			02:57:45 (30:38)	03:27:46 (30:01)	03:59:45 (32:00)	04:32:27 (32:43)	05:07:05 (34:38)
			05:49:49 (42:45)	06:32:01 (42:13)	07:15:40 (43:39)	07:54:09 (38:29)	08:30:19 (36:11)
			09:15:01 (44:43)	09:53:05 (38:04)	10:30:48 (37:43)	11:06:21 (35:33)	11:44:11 (37:51)
19.	6. M40	459	OELSNER, Maik	Wanderfreunde Schönfels	GER	11:50:18	
			00:26:35 (26:35)	00:53:01 (26:26)	01:20:17 (27:16)	01:48:30 (28:14)	02:17:13 (28:43)
			02:48:07 (30:55)	03:29:02 (40:56)	04:03:01 (34:00)	04:44:11 (41:10)	05:16:40 (32:29)
			05:50:50 (34:10)	06:27:52 (37:03)	07:02:18 (34:27)	07:40:51 (38:33)	08:20:10 (39:20)
			08:57:26 (37:16)	09:34:33 (37:08)	10:15:44 (41:12)	11:01:08 (45:25)	11:50:18 (49:10)
20.	4. M50	410	KLASING, Jörg	TSG Sulzbach	GER	12:09:31	
			00:37:01 (37:01)	01:13:16 (36:16)	01:48:39 (35:23)	02:23:16 (34:37)	02:58:15 (35:00)
			03:31:42 (33:27)	04:06:05 (34:24)	04:40:31 (34:26)	05:15:17 (34:46)	05:49:36 (34:20)
			06:27:56 (38:20)	07:03:20 (35:25)	07:39:51 (36:31)	08:16:34 (36:44)	08:57:05 (40:31)
			09:33:52 (36:48)	10:15:11 (41:19)	10:53:30 (38:19)	11:31:45 (38:16)	12:09:31 (37:47)
	M60	416	BOHN, Gunter	GMRV-Kleinmachnow	GER	DNF	
			00:29:44 (29:44)	00:59:51 (30:07)	01:30:06 (30:16)	02:00:28 (30:22)	02:31:08 (30:41)
			03:03:41 (32:34)	03:37:45 (34:05)	04:13:26 (35:42)	04:51:09 (37:43)	05:28:55 (37:47)
			06:08:10 (39:16)	06:47:02 (38:52)	07:26:51 (39:49)	08:07:23 (40:33)	08:48:23 (41:00)
			09:40:17 (51:55)	10:28:14 (47:57)	()	()	()
	M65	417	FRIEDL, Mike	LG Mauerweg Berlin	GER	DNF	
			00:35:26 (35:26)	01:11:46 (36:20)	01:48:21 (36:36)	02:22:49 (34:29)	02:57:29 (34:41)
			03:31:52 (34:23)	04:07:28 (35:37)	04:44:29 (37:02)	05:22:10 (37:41)	06:00:03 (37:53)
			06:44:49 (44:47)	07:27:08 (42:20)	08:10:52 (43:44)	08:50:51 (40:00)	09:34:46 (43:55)
			10:18:39 (43:54)	10:59:26 (40:48)	()	()	()

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Ergebnisliste nach Geschlecht mit AK-Wertung - 100 km

Pl.	AK	Snr.	Name	Verein (Wohnort)	NAT	Ziel
	M65	465	SCHMIDT, Peter	LC Ron-Hill Berlin	GER	DNF
			00:28:13 (28:13)	01:26:29 (29:27)	01:56:44 (30:16)	02:27:23 (30:40)
			03:01:14 (33:51)	03:39:44 (38:31)	04:23:54 (44:10)	05:08:15 (44:22)
			06:41:55 (47:22)	07:35:23 (53:28)	08:27:01 (51:39)	09:12:25 (45:24)
			()	()	()	()
	M50	400	SCHAD, Gunnar	Halle	GER	DNF
			00:30:34 (30:34)	01:28:11 (27:45)	01:56:12 (28:02)	02:24:22 (28:10)
			02:53:17 (28:56)	03:22:44 (29:27)	04:24:39 (31:11)	04:56:20 (31:41)
			05:27:43 (31:24)	06:01:03 (33:20)	()	()
			()	()	()	()
	M45	496	SCHULZ, Thomas	1. FC Union Berlin	GER	DNF
			00:28:03 (28:03)	01:27:04 (29:40)	01:56:48 (29:44)	02:27:25 (30:37)
			02:58:28 (31:04)	03:30:09 (31:42)	04:01:29 (31:21)	04:33:43 (32:15)
			()	()	()	()
			()	()	()	()
	M	419	FUNKE, Arne Andre	LG Mauerweg Berlin	GER	DNF
			00:29:18 (29:18)	01:29:29 (30:23)	02:00:11 (30:43)	02:32:20 (32:09)
			03:05:19 (33:00)	03:41:29 (36:10)	04:23:54 (42:25)	05:08:15 (44:21)
			()	()	()	()
			()	()	()	()
	1500		1500, N.N.		GER	
			10:51:34 (651:34)	()	()	()
			()	()	()	()
			()	()	()	()
			()	()	()	()

Anzahl Teilnehmer: 32