

XXXVIII. Internationaler 50km-Lauf von Grünheide/Störitz am 24.03.2018



Ergebnisliste nach Geschlecht mit AK-Wertung - 50 km

Pl.	AK	Snr.	Name	Verein (Wohnort)	NAT	Ziel
50 km						
Frauen						
1.	1. W45	958	KRAUSE, Antje 00:27:01 (27:01) 02:35:31 (25:05)	Ultra Sport Club Marburg 00:51:10 (24:09) 03:02:08 (26:37)	GER	4:23:20 01:17:43 (26:34) 03:28:43 (26:35) 01:43:17 (25:35) 03:56:10 (27:28) 04:23:20 (27:10)
2.	1. W30	918	FRANKE, Evelyn 00:27:01 (27:01) 02:44:50 (27:25)	LG Nord Berlin Ultrateam 00:54:27 (27:26) 03:12:32 (27:43)	GER	4:32:05 01:21:58 (27:32) 03:40:11 (27:39) 01:49:27 (27:29) 04:06:31 (26:20) 04:32:05 (25:34)
3.	1. W35	848	DELGADO, Grizel 00:30:37 (30:37) 02:58:29 (28:20)	(Berlin) 01:00:27 (29:51) 03:27:42 (29:13)	GER	4:57:11 01:29:42 (29:16) 03:57:13 (29:32) 02:01:42 (32:00) 04:27:20 (30:08) 04:57:11 (29:51)
4.	2. W35	846	BIELER, Jana 00:29:56 (29:56) 03:10:01 (33:10)	Berlin 01:01:10 (31:14) 03:43:52 (33:51)	GER	5:30:59 01:40:23 (34:20) 04:19:58 (36:06) 02:04:54 (32:16) 04:55:42 (35:45) 05:30:59 (35:18)
5.	2. W45	946	WOYDE, Britt 00:30:45 (30:45) 03:12:22 (34:10)	SG Fichtenwalde 01:02:14 (31:29) 03:47:25 (35:04)	GER	5:38:41 01:33:21 (31:07) 04:23:53 (36:28) 02:05:32 (32:12) 05:01:46 (37:53) 05:38:41 (36:55)
6.	1. W50	947	STEINICKE, Sylvia 00:32:29 (32:29) 03:23:12 (35:46)	(Berlin) 01:06:03 (33:34) 03:57:57 (34:46)	GER	5:48:22 01:40:23 (34:20) 04:34:11 (36:15) 02:13:58 (33:36) 05:10:29 (36:18) 05:48:22 (37:54)
7.	1. W75	906	EICHNER, Sigrid 00:46:30 (46:30) 05:01:27 (52:14)	100 Marathon Club 01:34:31 (48:01) 05:53:10 (51:44)	GER	8:36:14 02:26:23 (51:52) 06:47:27 (54:17) 03:16:50 (50:28) 07:41:55 (54:29) 04:09:14 (52:24) 08:36:14 (54:20)
	W35	968	JEZEK, Julia 00:23:38 (23:38) 02:22:30 (23:42)	Die Laufparten 00:47:36 (23:58) 02:46:20 (23:51)	GER	DNF 01:11:07 (23:32) () 01:34:45 (23:39) () ()
	W35	931	KÜTER, Sandra 00:30:10 (30:10) 02:58:03 (29:16)	LG Grizzly 01:00:39 (30:29) ()	GER	DNF 01:29:59 (29:20) () 01:59:22 (29:24) () ()
	W55	943	SETZEFAND, Marion 00:40:08 (40:08) ()	LG Mauerweg Berlin 01:21:17 (41:09) ()	GER	DNF 01:59:26 (38:09) () () ()
Männer						
1.	1. M40	944	ULLRICH, Philipp 00:20:22 (20:22) 02:02:48 (20:27)	PSB 24 Berlin 00:40:43 (20:21) 02:23:28 (20:41)	GER	3:31:05 01:01:12 (20:29) 02:45:02 (21:35) 01:21:31 (20:20) 03:07:33 (22:31) 03:31:05 (23:32)
2.	1. M35	939	NEUMANN, Marek 00:21:16 (21:16) 02:05:03 (21:27)	Running Twins 00:41:41 (20:25) 02:26:28 (21:26)	GER	3:33:59 01:02:12 (20:32) 02:48:33 (22:05) 01:22:48 (20:37) 03:11:04 (22:31) 03:33:59 (22:56)
3.	1. M30	845	AHLBURG, Martin 00:22:53 (22:53) 02:13:10 (22:07)	LG Nord Berlin Ultrateam 00:44:56 (22:03) 02:35:01 (21:51)	GER	3:41:01 01:06:55 (22:00) 02:56:54 (21:54) 01:29:05 (22:11) 03:18:55 (22:01) 01:51:04 (22:00) 03:41:01 (22:06)
4.	1. M45	930	KIWUS, Dirk 00:21:22 (21:22) 02:09:42 (22:12)	LG Nord Berlin Ultrateam 00:42:56 (21:34) 02:32:15 (22:34)	GER	3:43:35 01:04:18 (21:23) 02:55:08 (22:53) 01:25:56 (21:39) 03:18:51 (23:44) 01:47:31 (21:35) 03:43:35 (24:44)
5.	2. M35	937	MAKAI, Janos 00:23:07 (23:07) 02:18:40 (22:57)	Team Erdinger Alkoholfrei 00:46:11 (23:04) 02:41:23 (22:44)	GER	3:45:39 01:09:29 (23:18) 03:04:14 (22:51) 01:32:28 (23:00) 03:26:00 (21:46) 01:55:44 (23:16) 03:45:39 (19:40)
6.	2. M40	938	MARQUERING, René 00:24:54 (24:54) 02:27:34 (24:29)	Fürstenwalde 00:49:49 (24:55) 02:51:45 (24:12)	GER	4:01:08 01:14:15 (24:26) 03:15:33 (23:48) 01:38:44 (24:30) 03:38:50 (23:18) 02:03:05 (24:22) 04:01:08 (22:19)
7.	1. M55	926	HASENPUSCH, Detlef 00:23:14 (23:14) 02:24:47 (23:31)	LT Bernd Hübner 00:46:22 (23:08) 02:48:27 (23:41)	GER	4:01:56 01:09:40 (23:19) 03:12:58 (24:32) 01:33:17 (23:38) 03:37:39 (24:42) 02:01:16 (28:00) 04:01:56 (24:17)
8.	2. M55	941	RUDOLPH, Martin 00:24:39 (24:39) 02:28:50 (25:15)	LSG Karlsruhe 00:49:22 (24:43) 02:54:49 (25:59)	GER	4:19:07 01:14:03 (24:42) 03:23:31 (28:42) 01:38:50 (24:47) 03:51:34 (28:03) 02:03:35 (24:46) 04:19:07 (27:34)
9.	2. M30	920	GIESKE, Jörg 00:26:50 (26:50) 02:38:28 (26:38)	Asphaltschleifer Heidesee 00:53:29 (26:39) 03:04:58 (26:30)	GER	4:31:20 01:20:09 (26:41) 03:32:49 (27:52) 01:45:43 (25:35) 04:01:52 (29:04) 02:11:51 (26:09) 04:31:20 (29:28)
10.	3. M40	959	MÜLLER, Jens 00:28:33 (28:33) 02:44:57 (27:16)	Laufclub Anhalt 00:55:49 (27:17) 03:12:29 (27:32)	GER	4:41:44 01:22:57 (27:08) 03:40:38 (28:10) 01:50:20 (27:24) 04:09:56 (29:18) 02:17:41 (27:21) 04:41:44 (31:48)
11.	4. M40	962	LINKERSDÖRFER, Torsten 00:29:26 (29:26) 02:56:03 (29:40)	SMR-Traningslauf 00:59:17 (29:52) 03:24:03 (28:01)	GER	4:44:58 01:28:12 (28:56) 03:51:34 (27:31) 01:57:20 (29:08) 04:18:31 (26:58) 02:26:23 (29:04) 04:44:58 (26:27)
12.	1. M50	945	WELZEL, Ralf 00:29:15 (29:15) 02:53:47 (28:36)	(Berlin) 00:58:13 (28:59) 03:23:29 (29:43)	GER	4:52:53 01:27:44 (29:31) 03:53:52 (30:23) 01:56:29 (28:46) 04:24:04 (30:12) 02:25:11 (28:43) 04:52:53 (28:49)

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Pl.	AK	Snr.	Name	Verein (Wohnort)	NAT	Ziel	
13.	5. M40	956	VON BODE, Dominique	(Panketal)	GER	5:00:24	
			00:29:16 (29:16)	00:58:14 (28:58)	01:27:44 (29:31)	01:56:30 (28:46)	02:25:12 (28:43)
			02:53:48 (28:36)	03:23:30 (29:43)	03:55:06 (31:37)	04:29:41 (34:36)	05:00:24 (30:43)
14.	3. M55	929	INGWERSEN, Maik	SV Potsdam	GER	5:13:53	
			00:28:42 (28:42)	00:57:46 (29:04)	01:26:56 (29:10)	01:56:08 (29:13)	02:25:20 (29:13)
			02:54:53 (29:33)	03:27:08 (32:16)	03:59:54 (32:46)	04:35:57 (36:04)	05:13:53 (37:56)
15.	1. M65	847	BORK, Roland	(Schönefeld)	GER	5:19:33	
			00:30:01 (30:01)	01:00:27 (30:27)	01:32:38 (32:12)	02:03:21 (30:43)	02:33:57 (30:37)
			03:05:29 (31:32)	03:37:58 (32:29)	04:09:59 (32:02)	04:44:51 (34:52)	05:19:33 (34:42)
16.	2. M65	849	DREXLER, Hans	Lahmsoggen Nation	GER	6:26:58	
			00:35:42 (35:42)	01:11:11 (35:29)	01:47:33 (36:23)	02:24:15 (36:42)	03:01:03 (36:48)
			03:39:04 (38:02)	04:19:17 (40:14)	05:03:55 (44:39)	05:47:40 (43:45)	06:26:58 (39:19)
17.	2. M50	955	KNÜTTGEN, Andreas	DUV	GER	7:11:54	
			00:29:50 (29:50)	01:00:36 (30:47)	01:34:18 (33:42)	02:06:54 (32:36)	02:48:20 (41:27)
			03:35:09 (46:50)	04:29:02 (53:53)	05:22:48 (53:47)	06:16:45 (53:58)	07:11:54 (55:09)

Anzahl Teilnehmer: 27