

XXIX. Internationaler 100km-Lauf von Grünheide/Kienbaum

Gesamteinlauf

Ranking total	age class	No.	Name	Club	Nation	Result	
1.	1. M35	118	Collet, André 00:19:50 (00:19:50) 00:40:45 (00:20:55) 01:01:28 (00:20:43) 01:21:40 (00:20:12) 01:42:02 (00:20:23) 02:02:21 (00:20:20) 02:22:16 (00:19:55) 02:42:35 (00:20:20) 03:02:28 (00:19:53) 03:22:32 (00:20:05) 03:42:53 (00:20:22) 04:03:11 (00:20:18) 04:23:57 (00:20:47) 04:44:21 (00:20:24) 05:05:18 (00:20:58) 05:26:40 (00:21:22) 5:49:25; (00:22:46) 06:11:54 (00:22:29) 06:34:54 (00:23:00) 06:57:16 (00:22:23)	ATG Aachen	BEL	06:57:16	
2.	1. M40	105	Lynas, Matthew 00:19:52 (00:19:52) 00:40:44 (00:20:53) 01:01:10 (00:20:26) 01:21:32 (00:20:22) 01:41:54 (00:20:23) 02:02:07 (00:20:13) 02:22:16 (00:20:09) 02:42:43 (00:20:27) 03:03:05 (00:20:22) 03:24:07 (00:21:03) 03:45:52 (00:21:45) 04:08:04 (00:22:13) 04:32:01 (00:23:57) 04:55:41 (00:23:41) 05:16:47 (00:21:06) 05:38:27 (00:21:40) 6:00:33; (00:22:07) 06:23:33 (00:23:00) 06:49:18 (00:25:45) 07:10:38 (00:21:21)	LTV Erfurt	GBR	07:10:38	
3.	1. M50	164	Läpple, Gerhard 00:19:52 (00:19:52) 00:40:45 (00:20:53) 01:01:11 (00:20:27) 01:21:36 (00:20:25) 01:41:57 (00:20:22) 02:02:20 (00:20:23) 02:22:42 (00:20:22) 02:43:15 (00:20:34) 03:04:02 (00:20:47) 03:24:48 (00:20:47) 03:46:37 (00:21:50) 04:07:55 (00:21:18) 04:30:35 (00:22:41) 04:53:31 (00:22:56) 05:18:31 (00:25:01) 05:42:46 (00:24:16) 6:08:32; (00:25:46) 06:33:52 (00:25:20) 06:59:43 (00:25:52) 07:23:41 (00:23:59)	TSV Hildrizhausen	GER	07:23:41	
4.	2. M50	142	Schwerk, Wolfgang 00:21:13 (00:21:13) 00:42:44 (00:21:31) 01:04:09 (00:21:25) 01:25:32 (00:21:24) 01:47:07 (00:21:36) 02:08:46 (00:21:40) 02:30:28 (00:21:42) 02:52:09 (00:21:41) 03:14:09 (00:22:00) 03:36:53 (00:22:44) 03:59:38 (00:22:46) 04:22:45 (00:23:07) 04:49:47 (00:27:03) 05:14:16 (00:24:29) 05:39:56 (00:25:40) 06:05:26 (00:25:30) 6:31:01; (00:25:36) 06:57:11 (00:26:10) 07:23:49 (00:26:38) 07:51:04 (00:27:16)	Sri Chinmoy Marathon Te	GER	07:51:04	
5.	3. M50	171	Weis, Ralf 00:23:07 (00:23:07) 00:47:14 (00:24:07) 01:11:00 (00:23:47) 01:34:23 (00:23:23) 01:57:37 (00:23:15) 02:20:40 (00:23:03) 02:43:35 (00:22:56) 03:06:15 (00:22:40) 03:28:56 (00:22:42) 03:52:33 (00:23:38) 04:16:35 (00:24:02) 04:40:23 (00:23:49) 05:04:44 (00:24:22) 05:29:56 (00:25:12) 05:56:17 (00:26:21) 06:21:57 (00:25:41) 6:47:30; (00:25:34) 07:13:02 (00:25:32) 07:38:22 (00:25:21) 08:02:29 (00:24:07)	SG Neukirchen-Hülchrath	GER	08:02:29	
6.	1. M45	107	Riedel, Roland 00:23:07 (00:23:07) 00:47:12 (00:24:05) 01:10:58 (00:23:47) 01:34:32 (00:23:34) 01:58:12 (00:23:41) 02:22:04 (00:23:52) 02:45:53 (00:23:49) 03:09:48 (00:23:56) 03:33:59 (00:24:11) 03:58:20 (00:24:21) 04:22:25 (00:24:06) 04:46:26 (00:24:01) 05:10:47 (00:24:21) 05:35:13 (00:24:27) 06:00:04 (00:24:51) 06:26:08 (00:26:05) 6:52:30; (00:26:22) 07:20:04 (00:27:35) 07:45:44 (00:25:40) 08:09:21 (00:23:37)	Adler-Langlauf Bottrop	GER	08:09:21	
7.	2. M45	141	Hecke, Friedemann 00:23:42 (00:23:42) 00:48:16 (00:24:34) 01:11:55 (00:23:40) 01:35:45 (00:23:50) 01:59:41 (00:23:56) 02:23:50 (00:24:10) 02:47:48 (00:23:59) 03:11:26 (00:23:38) 03:36:15 (00:24:50) 04:00:16 (00:24:01) 04:24:46 (00:24:31) 04:49:27 (00:24:42) 05:14:37 (00:25:10) 05:40:02 (00:25:25) 06:05:51 (00:25:50) 06:32:54 (00:27:03) 7:00:42; (00:27:49) 07:29:12 (00:28:31) 07:59:30 (00:30:18) 08:28:17 (00:28:48)	VfL Ostelsheim	GER	08:28:17	
8.	2. M40	175	Prochaska, Jan 00:26:09 (00:26:09) 00:53:35 (00:27:26) 01:19:51 (00:26:17) 01:46:06 (00:26:16) 02:14:51 (00:28:45) 02:39:14 (00:24:23) 03:04:44 (00:25:30) 03:30:46 (00:26:02) 03:57:40 (00:26:55) 04:24:54 (00:27:14) 04:54:40 (00:29:47) 05:19:06 (00:24:26) 05:43:22 (00:24:17) 06:08:21 (00:24:59) 06:32:36 (00:24:16) 06:57:50 (00:25:14) 7:22:34; (00:24:45) 07:47:26 (00:24:52) 08:11:52 (00:24:27) 08:35:42 (00:23:51)	LG Nord Berlin	GER	08:35:42	
9.	4. M50	140	Berndstrotmann, Kar 00:23:06 (00:23:06) 00:47:11 (00:24:06) 01:10:46 (00:23:35) 01:33:57 (00:23:12) 01:56:57 (00:23:00) 02:19:40 (00:22:44) 02:42:38 (00:22:59) 03:05:47 (00:23:09) 03:29:07 (00:23:21) 03:53:17 (00:24:10) 04:18:23 (00:25:06) 04:43:36 (00:25:13) 05:09:36 (00:26:00) 05:37:40 (00:28:05) 06:05:34 (00:27:55) 06:35:40 (00:30:06) 7:07:29; (00:31:49) 07:37:48 (00:30:19) 08:08:38 (00:30:51) 08:37:52 (00:29:14)	SuS Olfen	GER	08:37:52	
10.	3. M40	139	Veith, Dietmar 00:23:45 (00:23:45) 00:48:17 (00:24:32) 01:12:04 (00:23:48) 01:35:46 (00:23:42) 01:59:22 (00:23:36) 02:23:07 (00:23:45) 02:47:46 (00:24:39) 03:11:56 (00:24:11) 03:40:20 (00:28:24) 04:04:53 (00:24:33) 04:29:06 (00:24:14) 04:55:53 (00:26:47) 05:28:57 (00:33:05) 05:54:33 (00:25:36) 06:24:33 (00:30:01) 06:49:40 (00:25:07) 7:20:44; (00:31:05) 07:48:02 (00:27:18) 08:14:25 (00:26:23) 08:40:26 (00:26:02)	LG Dettingen	GER	08:40:26	
11.	4. M40	163	Baier, Andreas 00:23:33 (00:23:33) 00:48:24 (00:24:51) 01:12:22 (00:23:59) 01:35:45 (00:23:24) 01:59:45 (00:24:00) 02:23:50 (00:24:05) 02:47:59 (00:24:09) 03:11:55 (00:23:57) 03:36:43 (00:24:48) 04:01:13 (00:24:31)	TSV Kusterdingen	GER	08:44:58	

XXIX. Internationaler 100km-Lauf von Grünheide/Kienbaum

Gesamteinlauf

Ranking total	age class	No.	Name	Club	Nation	Result
						04:27:38 (00:26:25) 04:55:32 (00:27:54) 05:24:12 (00:28:40) 05:52:27 (00:28:16) 06:26:17 (00:33:51) 06:57:04 (00:30:47) 7:24:05; (00:27:02) 07:50:50 (00:26:45) 08:18:18 (00:27:28) 08:44:58 (00:26:41)
12.	3. M45	152	Fischer, Frank	LT Rangsdorf	GER	08:47:05
						00:22:35 (00:22:35) 00:46:00 (00:23:26) 01:09:01 (00:23:01) 01:31:50 (00:22:50) 01:54:44 (00:22:54) 02:17:40 (00:22:56) 02:40:30 (00:22:50) 03:03:27 (00:22:58) 03:26:40 (00:23:14) 03:50:19 (00:23:39) 04:14:04 (00:23:45) 04:38:29 (00:24:25) 05:04:20 (00:25:52) 05:34:43 (00:30:23) 06:05:07 (00:30:24) 06:35:45 (00:30:38) 7:07:45; (00:32:01) 07:40:24 (00:32:40) 08:13:38 (00:33:15) 08:47:05 (00:33:27)
13.	1. M30	126	Pingel, Lars	TSV Grossenwörden	GER	08:50:54
						00:23:08 (00:23:08) 00:47:14 (00:24:07) 01:11:01 (00:23:47) 01:34:35 (00:23:35) 01:58:23 (00:23:48) 02:22:05 (00:23:43) 02:45:54 (00:23:49) 03:09:50 (00:23:57) 03:33:56 (00:24:06) 03:57:32 (00:23:36) 04:21:47 (00:24:16) 04:47:02 (00:25:15) 05:13:49 (00:26:47) 05:43:49 (00:30:01) 06:14:13 (00:30:25) 06:44:56 (00:30:43) 7:16:12; (00:31:16) 07:47:57 (00:31:45) 08:19:25 (00:31:29) 08:50:54 (00:31:30)
14.	4. M45	104	Baumann, Juergen	LT Sulz am Eck	GER	09:17:27
						00:25:09 (00:25:09) 00:50:57 (00:25:49) 01:16:40 (00:25:43) 01:42:33 (00:25:54) 02:08:22 (00:25:50) 02:34:36 (00:26:14) 03:01:24 (00:26:48) 03:28:19 (00:26:56) 03:55:46 (00:27:28) 04:24:08 (00:28:22) 04:51:45 (00:27:37) 05:22:52 (00:31:07) 05:52:24 (00:29:32) 06:21:55 (00:29:32) 06:51:28 (00:29:33) 07:21:06 (00:29:39) 7:49:53; (00:28:48) 08:18:56 (00:29:03) 08:48:06 (00:29:11) 09:17:27 (00:29:21)
15.	1. M55	176	Knefel, Günter	Reinickendorfer Füchse	GER	09:26:48
						00:26:34 (00:26:34) 00:53:58 (00:27:25) 01:22:16 (00:28:18) 01:48:52 (00:26:37) 02:15:40 (00:26:48) 02:42:28 (00:26:49) 03:09:17 (00:26:49) 03:36:35 (00:27:19) 04:03:56 (00:27:21) 04:30:46 (00:26:50) 04:57:44 (00:26:58) 05:24:56 (00:27:13) 05:52:28 (00:27:32) 06:20:43 (00:28:16) 06:49:49 (00:29:06) 07:19:50 (00:30:02) 7:52:01; (00:32:11) 08:24:20 (00:32:19) 08:56:59 (00:32:40) 09:26:48 (00:29:49)
16.	2. M35	128	Pantel, Sascha	LG Nord Berlin	GER	09:32:52
						00:26:58 (00:26:58) 00:56:02 (00:29:04) 01:24:18 (00:28:17) 01:51:37 (00:27:19) 02:19:29 (00:27:53) 02:46:54 (00:27:25) 03:14:17 (00:27:23) 03:42:13 (00:27:57) 04:09:58 (00:27:45) 04:38:14 (00:28:17) 05:06:58 (00:28:44) 05:35:20 (00:28:23) 06:04:22 (00:29:03) 06:33:28 (00:29:06) 07:02:46 (00:29:19) 07:32:50 (00:30:04) 8:03:01; (00:30:11) 08:33:15 (00:30:15) 09:03:35 (00:30:20) 09:32:52 (00:29:18)
17.	5. M45	108	Böss, Wolfgang	Creußen	GER	09:35:39
						00:24:55 (00:24:55) 00:51:22 (00:26:28) 01:17:16 (00:25:54) 01:43:03 (00:25:47) 02:09:57 (00:26:55) 02:36:35 (00:26:38) 03:04:09 (00:27:34) 03:33:30 (00:29:22) 04:02:16 (00:28:47) 04:30:40 (00:28:25) 05:00:17 (00:29:37) 05:29:36 (00:29:20) 05:59:04 (00:29:28) 06:29:00 (00:29:57) 06:59:05 (00:30:05) 07:30:48 (00:31:44) 8:01:22; (00:30:35) 08:34:11 (00:32:49) 09:06:05 (00:31:54) 09:35:39 (00:29:35)
18.	3. M35	151	Frenz, Michael	LG Nord Berlin	GER	09:46:26
						00:27:00 (00:27:00) 00:56:02 (00:29:02) 01:29:24 (00:33:22) 01:55:45 (00:26:21) 02:22:36 (00:26:51) 02:49:18 (00:26:43) 03:16:33 (00:27:15) 03:45:44 (00:29:12) 04:14:25 (00:28:42) 04:42:57 (00:28:33) 05:11:28 (00:28:32) 05:39:44 (00:28:17) 06:09:29 (00:29:45) 06:38:24 (00:28:55) 07:08:44 (00:30:21) 07:40:17 (00:31:33) 8:11:45; (00:31:28) 08:43:05 (00:31:20) 09:14:33 (00:31:29) 09:46:26 (00:31:54)
19.	1. W35	157	Seidel, Grit	LG Nord Berlin	GER	09:51:24
						00:27:51 (00:27:51) 00:57:47 (00:29:57) 01:26:53 (00:29:07) 01:55:46 (00:28:53) 02:24:29 (00:28:44) 02:53:18 (00:28:49) 03:22:08 (00:28:50) 03:50:55 (00:28:48) 04:19:21 (00:28:26) 04:47:58 (00:28:38) 05:16:54 (00:28:56) 05:45:53 (00:28:59) 06:14:45 (00:28:53) 06:44:11 (00:29:26) 07:13:33 (00:29:23) 07:43:40 (00:30:07) 8:14:27; (00:30:48) 08:46:08 (00:31:42) 09:18:56 (00:32:48) 09:51:24 (00:32:28)
20.	1. W40	106	Christ, Heike	LT Sulz am Eck	GER	09:57:13
						00:29:43 (00:29:43) 00:59:41 (00:29:59) 01:30:31 (00:30:51) 02:00:43 (00:30:13) 02:30:52 (00:30:09) 03:00:55 (00:30:03) 03:30:24 (00:29:30) 04:00:57 (00:30:33) 04:30:58 (00:30:01) 05:01:10 (00:30:12) 05:30:43 (00:29:33) 06:00:15 (00:29:33) 06:29:33 (00:29:18) 06:58:21 (00:28:48) 07:28:00 (00:29:39) 07:57:54 (00:29:55) 8:28:56; (00:31:03) 08:59:04 (00:30:08) 09:28:48 (00:29:44) 09:57:13 (00:28:26)
21.	6. M45	143	Pöhlmann, Ronald	LT Bernd Hübner	GER	09:59:32
						00:28:07 (00:28:07) 00:57:46 (00:29:40) 01:26:52 (00:29:06) 01:56:11 (00:29:20) 02:26:21 (00:30:10) 02:56:26 (00:30:05) 03:26:27 (00:30:02) 03:58:10 (00:31:43) 04:28:48 (00:30:39) 04:58:55 (00:30:07) 05:29:06 (00:30:12) 05:58:46 (00:29:40) 06:28:43 (00:29:57) 06:58:21 (00:29:39) 07:28:45 (00:30:24) 07:58:59 (00:30:14) 8:29:52; (00:30:54) 09:00:03 (00:30:11) 09:30:16 (00:30:14) 09:59:32 (00:29:16)
22.	7. M45	102	Fey, Stephan	Laufftreff Albig	GER	10:05:04

XXIX. Internationaler 100km-Lauf von Grünheide/Kienbaum

Gesamteinlauf

Ranking total	age class	No.	Name	Club	Nation	Result				
						00:26:52 (00:26:52)	00:55:24 (00:28:32)	01:24:20 (00:28:57)	01:51:58 (00:27:39)	02:20:13 (00:28:15)
						02:49:47 (00:29:34)	03:17:28 (00:27:42)	03:45:35 (00:28:07)	04:13:44 (00:28:10)	04:43:01 (00:29:17)
						05:13:14 (00:30:13)	05:42:20 (00:29:07)	06:12:07 (00:29:47)	06:42:36 (00:30:30)	07:14:13 (00:31:37)
						07:46:11 (00:31:58)	8:20:34; (00:34:24)	08:55:06 (00:34:32)	09:30:05 (00:35:00)	10:05:04 (00:35:00)
23.	1. W45	149	Stegmaier, Simone	LG Nord Berlin	GER	10:09:00				
						00:26:50 (00:26:50)	00:55:22 (00:28:32)	01:23:55 (00:28:34)	01:51:58 (00:28:03)	02:20:19 (00:28:22)
						02:48:28 (00:28:09)	03:16:44 (00:28:16)	03:45:44 (00:29:01)	04:14:50 (00:29:07)	04:44:15 (00:29:25)
						05:13:44 (00:29:30)	05:44:26 (00:30:43)	06:16:51 (00:32:25)	06:49:18 (00:32:28)	07:22:00 (00:32:43)
						07:54:32 (00:32:32)	8:27:57; (00:33:26)	09:01:59 (00:34:02)	09:36:01 (00:34:03)	10:09:00 (00:33:00)
24.	8. M45	132	Raulf, Martin	Stolpertruppe Winsen	GER	10:09:00				
						00:26:59 (00:26:59)	00:56:03 (00:29:04)	01:24:23 (00:28:21)	01:52:21 (00:27:59)	02:20:14 (00:27:53)
						02:47:58 (00:27:44)	03:16:10 (00:28:13)	03:44:05 (00:27:55)	04:11:59 (00:27:54)	04:40:22 (00:28:24)
						05:09:56 (00:29:35)	05:41:11 (00:31:15)	06:12:45 (00:31:35)	06:45:24 (00:32:39)	07:19:59 (00:34:35)
						07:54:21 (00:34:22)	8:27:58; (00:33:37)	09:01:59 (00:34:02)	09:36:01 (00:34:02)	10:09:00 (00:32:59)
25.	9. M45	136	Muhs, Matthias	TV Fürstenwalde	GER	10:11:58				
						00:24:02 (00:24:02)	00:50:32 (00:26:31)	01:17:32 (00:27:01)	01:44:51 (00:27:19)	02:12:22 (00:27:32)
						02:39:37 (00:27:15)	03:07:01 (00:27:25)	03:35:41 (00:28:40)	04:04:48 (00:29:07)	04:35:17 (00:30:29)
						05:07:04 (00:31:47)	05:39:02 (00:31:59)	06:12:15 (00:33:14)	06:44:28 (00:32:13)	07:19:07 (00:34:39)
						07:54:17 (00:35:11)	8:30:05; (00:35:48)	09:05:37 (00:35:33)	09:40:46 (00:35:09)	10:11:58 (00:31:13)
26.	2. M55	111	Friedrich, Bernd	LT Bernd Hübner	GER	10:13:35				
						00:28:06 (00:28:06)	00:57:46 (00:29:40)	01:26:52 (00:29:06)	01:56:11 (00:29:20)	02:26:21 (00:30:10)
						02:56:25 (00:30:05)	03:26:27 (00:30:02)	03:58:09 (00:31:42)	04:28:48 (00:30:39)	04:58:55 (00:30:08)
						05:29:07 (00:30:12)	05:58:46 (00:29:40)	06:28:42 (00:29:57)	06:58:49 (00:30:08)	07:28:54 (00:30:05)
						08:01:11 (00:32:18)	8:34:23; (00:33:13)	09:08:26 (00:34:03)	09:43:37 (00:35:12)	10:13:35 (00:29:58)
27.	10. M45	166	van der Kraan, Arno	AV 40 Delft	NED	10:16:24				
						00:28:50 (00:28:50)	00:59:37 (00:30:47)	01:29:28 (00:29:52)	01:57:54 (00:28:26)	02:26:10 (00:28:17)
						02:54:06 (00:27:57)	03:24:40 (00:30:35)	03:53:50 (00:29:10)	04:23:05 (00:29:16)	04:53:19 (00:30:14)
						05:22:54 (00:29:36)	05:52:48 (00:29:54)	06:24:54 (00:32:07)	06:56:14 (00:31:20)	07:28:33 (00:32:19)
						08:00:39 (00:32:07)	8:33:25; (00:32:47)	09:06:46 (00:33:22)	09:40:44 (00:33:58)	10:16:24 (00:35:41)
28.	2. W40	134	Strotkamp, Sabine	LG Kreis Ahrweiler	GER	10:20:54				
						00:27:53 (00:27:53)	00:57:49 (00:29:57)	01:26:55 (00:29:07)	01:55:52 (00:28:57)	02:24:42 (00:28:50)
						02:53:38 (00:28:57)	03:23:05 (00:29:28)	03:53:34 (00:30:29)	04:23:45 (00:30:12)	04:54:52 (00:31:07)
						05:25:01 (00:30:09)	05:55:55 (00:30:55)	06:27:17 (00:31:22)	06:58:45 (00:31:28)	07:31:58 (00:33:13)
						08:05:48 (00:33:51)	8:40:12; (00:34:24)	09:14:39 (00:34:27)	09:48:19 (00:33:41)	10:20:54 (00:32:36)
29.	11. M45	170	Schad, Gunnar	VFB 07 Lettin/Halle	GER	10:24:20				
						00:26:54 (00:26:54)	00:55:22 (00:28:29)	01:23:56 (00:28:34)	01:52:28 (00:28:33)	02:19:45 (00:27:18)
						02:46:57 (00:27:12)	03:14:01 (00:27:04)	03:42:10 (00:28:10)	04:10:17 (00:28:07)	04:38:15 (00:27:58)
						05:06:58 (00:28:44)	05:38:32 (00:31:34)	06:19:13 (00:40:42)	06:52:52 (00:33:39)	07:32:50 (00:39:59)
						08:03:59 (00:31:10)	8:41:03; (00:37:04)	09:16:11 (00:35:09)	09:51:36 (00:35:26)	10:24:20 (00:32:44)
30.	5. M40	115	Klaasen, Dietrich	TSG Schnaitheim	GER	10:25:11				
						00:28:54 (00:28:54)	00:58:58 (00:30:05)	01:29:05 (00:30:07)	02:00:53 (00:31:49)	02:30:48 (00:29:55)
						03:00:41 (00:29:54)	03:30:32 (00:29:51)	04:00:37 (00:30:06)	04:32:55 (00:32:18)	05:03:39 (00:30:44)
						05:34:28 (00:30:50)	06:05:57 (00:31:29)	06:37:10 (00:31:14)	07:09:21 (00:32:11)	07:41:12 (00:31:52)
						08:14:54 (00:33:42)	8:47:21; (00:32:28)	09:20:46 (00:33:26)	09:53:57 (00:33:11)	10:25:11 (00:31:15)
31.	6. M40	153	Dorner, Jens	Greiz	GER	10:30:05				
						00:27:30 (00:27:30)	00:56:33 (00:29:04)	01:25:59 (00:29:26)	01:55:06 (00:29:07)	02:24:43 (00:29:37)
						02:53:40 (00:28:58)	03:22:56 (00:29:16)	03:53:15 (00:30:20)	04:23:46 (00:30:32)	04:53:27 (00:29:41)
						05:24:00 (00:30:34)	05:55:51 (00:31:52)	06:27:18 (00:31:27)	06:58:46 (00:31:28)	07:30:57 (00:32:12)
						08:04:46 (00:33:49)	8:39:40; (00:34:54)	09:16:50 (00:37:11)	09:53:34 (00:36:44)	10:30:05 (00:36:32)
32.	3. M55	147	Steinbrecher, Dieth	100 Marathon Club	GER	10:46:06				
						00:27:25 (00:27:25)	00:56:17 (00:28:53)	01:24:32 (00:28:15)	01:52:59 (00:28:28)	02:21:02 (00:28:03)
						02:49:23 (00:28:21)	03:17:52 (00:28:29)	03:47:12 (00:29:21)	04:16:09 (00:28:57)	04:46:24 (00:30:16)
						05:18:26 (00:32:03)	06:00:45 (00:42:19)	06:32:17 (00:31:32)	07:11:42 (00:39:26)	07:46:08 (00:34:27)
						08:22:43 (00:36:35)	9:00:38; (00:37:56)	09:36:57 (00:36:19)	10:11:27 (00:34:30)	10:46:06 (00:34:40)

XXIX. Internationaler 100km-Lauf von Grünheide/Kienbaum

Gesamteinlauf

Ranking total	age class	No.	Name	Club	Nation	Result
33.	4. M55	116	Ziem, Werner 00:28:20 (00:28:20) 00:57:16 (00:28:56) 01:25:58 (00:28:43) 01:55:06 (00:29:08) 02:23:47 (00:28:42) 02:52:18 (00:28:32) 03:21:09 (00:28:52) 03:50:36 (00:29:27) 04:20:03 (00:29:27) 04:50:44 (00:30:42) 05:23:05 (00:32:21) 05:55:13 (00:32:08) 06:27:19 (00:32:07) 07:00:57 (00:33:39) 07:40:19 (00:39:22) 08:17:17 (00:36:58) 8:55:12; (00:37:55) 09:36:20 (00:41:08) 10:18:09 (00:41:50) 10:48:53 (00:30:44)	Triathlon Team Rathenow	GER	10:48:53
34.	5. M50	145	Kretzschmar, Uwe 00:26:07 (00:26:07) 00:53:15 (00:27:09) 01:20:02 (00:26:47) 01:47:03 (00:27:02) 02:14:03 (00:27:00) 02:41:21 (00:27:19) 03:09:51 (00:28:30) 03:38:54 (00:29:04) 04:09:45 (00:30:52) 04:42:03 (00:32:18) 05:16:45 (00:34:43) 05:50:18 (00:33:34) 06:26:11 (00:35:53) 07:02:12 (00:36:01) 07:38:35 (00:36:24) 08:19:24 (00:40:49) 8:59:49; (00:40:26) 09:40:55 (00:41:07) 10:17:32 (00:36:37) 10:49:29 (00:31:58)	Sportfreak Berlin	GER	10:49:29
35.	12. M45	125	Knop, Andreas 00:28:32 (00:28:32) 00:59:32 (00:31:00) 01:29:26 (00:29:55) 01:57:20 (00:27:54) 02:25:40 (00:28:20) 02:53:42 (00:28:03) 03:21:41 (00:27:59) 03:50:36 (00:28:55) 04:20:03 (00:29:28) 04:49:10 (00:29:07) 05:20:12 (00:31:03) 05:53:30 (00:33:18) 06:31:35 (00:38:05) 07:09:19 (00:37:44) 07:44:45 (00:35:26) 08:22:28 (00:37:44) 9:02:32; (00:40:04) 09:37:51 (00:35:19) 10:15:45 (00:37:54) 10:52:53 (00:37:09)	DUV Berlin	GER	10:52:53
36.	7. M40	135	Adam, Silvio 00:24:48 (00:24:48) 00:50:29 (00:25:42) 01:15:55 (00:25:27) 01:41:07 (00:25:12) 02:06:58 (00:25:51) 02:33:32 (00:26:34) 03:00:42 (00:27:11) 03:29:09 (00:28:28) 03:58:41 (00:29:33) 04:29:59 (00:31:18) 05:02:40 (00:32:42) 05:36:46 (00:34:06) 06:10:37 (00:33:51) 06:45:07 (00:34:31) 07:20:27 (00:35:20) 07:58:42 (00:38:16) 8:39:13; (00:40:32) 09:24:44 (00:45:32) 10:13:08 (00:48:24) 10:55:33 (00:42:26)	Berlin	GER	10:55:33
37.	8. M40	101	Rosenbaum, Jörg 00:27:45 (00:27:45) 00:57:20 (00:29:35) 01:26:33 (00:29:14) 01:55:41 (00:29:08) 02:24:38 (00:28:57) 02:53:22 (00:28:45) 03:23:00 (00:29:38) 03:53:23 (00:30:23) 04:22:40 (00:29:17) 04:51:27 (00:28:48) 05:20:45 (00:29:18) 05:51:19 (00:30:34) 06:29:13 (00:37:55) 07:19:52 (00:50:40) 07:53:38 (00:33:46) 08:29:25 (00:35:47) 9:05:59; (00:36:35) 09:42:12 (00:36:13) 10:18:33 (00:36:22) 10:56:06 (00:37:33)	Gehörlosen TSV Essen	GER	10:56:06
38.	4. M35	133	Kuczulaba, Maik 00:29:43 (00:29:43) 00:59:38 (00:29:56) 01:29:47 (00:30:09) 01:59:17 (00:29:30) 02:28:54 (00:29:37) 02:59:06 (00:30:13) 03:29:18 (00:30:12) 03:59:49 (00:30:32) 04:30:12 (00:30:23) 05:01:47 (00:31:36) 05:33:34 (00:31:47) 06:07:26 (00:33:52) 06:43:32 (00:36:07) 07:19:17 (00:35:46) 07:55:56 (00:36:39) 08:33:07 (00:37:11) 9:10:15; (00:37:09) 09:47:25 (00:37:10) 10:24:19 (00:36:54) 10:56:34 (00:32:15)	TSV Ipsheim	GER	10:56:34
39.	13. M45	155	Abel, Detlev 00:26:57 (00:26:57) 00:56:02 (00:29:05) 01:24:19 (00:28:17) 01:51:52 (00:27:34) 02:20:13 (00:28:21) 02:48:34 (00:28:21) 03:17:32 (00:28:59) 03:47:52 (00:30:20) 04:24:38 (00:36:47) 04:55:59 (00:31:22) 05:30:43 (00:34:44) 06:15:43 (00:45:00) 07:20:17 (01:04:34) 07:53:34 (00:33:17) 08:24:19 (00:30:46) 08:55:32 (00:31:13) 9:27:00; (00:31:28) 09:58:08 (00:31:09) 10:29:37 (00:31:30) 11:00:26 (00:30:49)	Berlin	GER	11:00:26
40.	5. M55	167	Böhm, Hermann 00:29:29 (00:29:29) 01:00:59 (00:31:31) 01:32:16 (00:31:17) 02:03:02 (00:30:46) 02:34:10 (00:31:09) 03:06:07 (00:31:58) 03:39:26 (00:33:19) 04:12:18 (00:32:52) 04:45:39 (00:33:22) 05:20:48 (00:35:10) 05:57:15 (00:36:27) 06:33:06 (00:35:52) 07:09:15 (00:36:09) 07:46:15 (00:37:01) 08:22:13 (00:35:59) 08:55:55 (00:33:42) 9:29:06; (00:33:11) 10:01:57 (00:32:52) 10:35:01 (00:33:04) 11:06:52 (00:31:52)	TB-Weiden	GER	11:06:52
41.	1. M60	172	Feist, Werner 00:28:46 (00:28:46) 00:57:54 (00:29:09) 01:26:05 (00:28:11) 01:55:18 (00:29:13) 02:24:42 (00:29:25) 02:55:42 (00:31:00) 03:28:19 (00:32:37) 04:01:12 (00:32:54) 04:33:59 (00:32:48) 05:08:05 (00:34:06) 05:43:39 (00:35:35) 06:19:34 (00:35:56) 06:53:41 (00:34:07) 07:28:42 (00:35:01) 08:03:37 (00:34:56) 08:40:09 (00:36:32) 9:17:40; (00:37:31) 09:54:01 (00:36:22) 10:30:33 (00:36:32) 11:11:11 (00:40:38)	Post SV Berlin	GER	11:11:11
42.	6. M55	138	Muecke, Edgar 00:26:53 (00:26:53) 00:55:23 (00:28:30) 01:23:56 (00:28:34) 01:51:59 (00:28:04) 02:20:14 (00:28:15) 02:48:15 (00:28:01) 03:17:19 (00:29:05) 03:48:59 (00:31:40) 04:21:49 (00:32:51) 04:56:23 (00:34:34) 05:46:37 (00:50:15) 06:19:22 (00:32:45) 06:59:52 (00:40:31) 07:38:34 (00:38:42) 08:15:10 (00:36:37) 08:54:10 (00:39:00) 9:34:45; (00:40:35) 10:08:55 (00:34:11) 10:45:17 (00:36:22) 11:20:26 (00:35:10)	LG Eckental	GER	11:20:26
43.	2. W45	109	Dilling, Daniela 00:27:15 (00:27:15) 00:56:19 (00:29:05) 01:25:36 (00:29:17) 01:55:13 (00:29:38) 02:25:30 (00:30:17) 02:56:50 (00:31:21) 03:29:16 (00:32:26) 04:04:50 (00:35:34) 04:38:00 (00:33:10) 05:12:45 (00:34:45)	KSC Strausberg	GER	11:24:51

XXIX. Internationaler 100km-Lauf von Grünheide/Kienbaum

Gesamteinlauf

Ranking total	age class	No.	Name	Club	Nation	Result
						05:48:47 (00:36:02) 06:24:25 (00:35:39) 06:59:41 (00:35:16) 07:35:03 (00:35:23) 08:11:48 (00:36:45) 08:49:46 (00:37:58) 9:27:20; (00:37:35) 10:05:23 (00:38:03) 10:44:51 (00:39:28) 11:24:51 (00:40:01)
44.	6. M50	137	Janiszewski, Günter	TV Fürstenwalde	GER	11:24:51
						00:25:10 (00:25:10) 00:51:26 (00:26:17) 01:20:06 (00:28:40) 01:46:49 (00:26:43) 02:13:34 (00:26:45) 02:40:16 (00:26:42) 03:07:01 (00:26:45) 03:36:27 (00:29:27) 04:08:48 (00:32:21) 04:38:48 (00:30:01) 05:10:42 (00:31:54) 05:47:06 (00:36:25) 06:30:21 (00:43:15) 07:14:40 (00:44:20) 07:54:17 (00:39:37) 08:33:48 (00:39:32) 9:08:53; (00:35:06) 09:47:23 (00:38:31) 10:38:00 (00:50:38) 11:24:51 (00:46:51)
45.	3. W45	161	Pawzik, Heike	LG Nord Berlin	GER	11:36:47
						00:32:00 (00:32:00) 01:03:26 (00:31:27) 01:34:28 (00:31:02) 02:06:20 (00:31:52) 02:38:07 (00:31:48) 03:10:13 (00:32:07) 03:43:02 (00:32:49) 04:18:03 (00:35:02) 04:52:01 (00:33:58) 05:26:52 (00:34:52) 06:01:57 (00:35:06) 06:37:31 (00:35:34) 07:13:00 (00:35:30) 07:49:36 (00:36:36) 08:26:38 (00:37:02) 09:05:04 (00:38:27) 9:43:43; (00:38:39) 10:21:33 (00:37:50) 10:58:52 (00:37:20) 11:36:47 (00:37:56)
46.	7. M50	120	Frunzke, Thomas	Storkow	GER	11:45:34
						00:28:31 (00:28:31) 00:59:33 (00:31:02) 01:29:27 (00:29:54) 01:57:21 (00:27:55) 02:25:40 (00:28:20) 02:53:28 (00:27:49) 03:22:56 (00:29:28) 03:54:47 (00:31:52) 04:27:54 (00:33:07) 05:00:28 (00:32:34) 05:34:49 (00:34:22) 06:09:15 (00:34:26) 06:46:22 (00:37:08) 07:25:28 (00:39:06) 08:07:02 (00:41:34) 08:48:41 (00:41:39) 9:31:18; (00:42:38) 10:21:19 (00:50:01) 11:07:57 (00:46:39) 11:45:34 (00:37:38)
		158	Wieduwild, Volker	Berlin	GER	
						00:27:13 (00:27:13) 00:56:08 (00:28:56) 01:24:29 (00:28:21) 01:52:37 (00:28:09) 02:22:07 (00:29:30) 02:53:25 (00:31:19) 03:26:20 (00:32:55) 04:01:11 (00:34:51) 04:39:10 (00:38:00) 05:19:25 (00:40:15) 06:01:31 (00:42:07) 06:43:17 (00:41:46) 07:25:19 (00:42:03) 08:07:40 (00:42:21) 08:50:33 (00:42:54) 09:33:47 (00:43:14) 0:17:21; (00:43:35) 10:58:22 (00:41:01) 11:39:36 (00:41:15)
		124	Schelhorn, Claudia	Berlin	GER	
						00:33:29 (00:33:29) 01:07:26 (00:33:57) 01:41:12 (00:33:47) 02:15:16 (00:34:04) 02:49:40 (00:34:24) 03:27:54 (00:38:15) 04:02:32 (00:34:39) 04:37:18 (00:34:46) 05:12:34 (00:35:17) 05:47:23 (00:34:50) 06:25:16 (00:37:53) 07:01:48 (00:36:33) 07:41:21 (00:39:33) 08:22:58 (00:41:38) 09:02:56 (00:39:59) 09:41:08 (00:38:12) 0:19:24; (00:38:16) 10:57:31 (00:38:07) 11:35:48 (00:38:17)
		123	Rusche, Silvia	SuS Olfen	GER	
						00:28:03 (00:28:03) 00:57:17 (00:29:14) 01:25:59 (00:28:43) 01:54:07 (00:28:09) 02:22:11 (00:28:04) 02:51:40 (00:29:29) 03:19:11 (00:27:32) 03:48:38 (00:29:27) 04:17:11 (00:28:34) 04:45:37 (00:28:27) 05:14:02 (00:28:25) 05:42:08 (00:28:07) 06:11:44 (00:29:36) 06:41:45 (00:30:01) 07:14:17 (00:32:33) 07:52:24 (00:38:07) 8:38:28; (00:46:05)
		119	Lantink, Jan-Albert	MPM Hengelo	NED	
						00:19:52 (00:19:52) 00:40:45 (00:20:53) 01:01:10 (00:20:26) 01:21:43 (00:20:33) 01:42:27 (00:20:45) 02:02:57 (00:20:30) 02:23:32 (00:20:35) 02:44:12 (00:20:41) 03:05:06 (00:20:54) 03:25:47 (00:20:42) 03:47:07 (00:21:20) 04:07:47 (00:20:41) 04:28:52 (00:21:05) 04:50:06 (00:21:14) 05:11:24 (00:21:18) 05:33:31 (00:22:08)
		148	Selch, Werner	100 Marathon Club	GER	
						00:27:47 (00:27:47) 00:56:31 (00:28:45) 01:25:01 (00:28:30) 01:52:42 (00:27:42) 02:19:50 (00:27:08) 02:47:14 (00:27:24) 03:14:33 (00:27:20) 03:42:20 (00:27:48) 04:10:21 (00:28:01) 04:38:45 (00:28:25) 05:08:33 (00:29:48) 05:45:07 (00:36:35) 06:20:24 (00:35:18) 06:58:10 (00:37:46) 07:33:12 (00:35:02) 08:16:32 (00:43:20)
		159	Woitynek, Martin	KSP Kniebeuge 98	GER	
						00:27:18 (00:27:18) 00:55:55 (00:28:38) 01:23:48 (00:27:53) 01:51:35 (00:27:47) 02:19:20 (00:27:45) 02:47:00 (00:27:40) 03:14:48 (00:27:48) 03:43:01 (00:28:13) 04:11:25 (00:28:25) 04:41:44 (00:30:19) 05:14:09 (00:32:25) 05:48:36 (00:34:28) 06:24:20 (00:35:44) 07:00:14 (00:35:55) 07:40:19 (00:40:06) 08:35:33 (00:55:14)
		112	Simon, Ralf	100 Marathon Club	GER	
						00:26:53 (00:26:53) 00:54:20 (00:27:28) 01:21:21 (00:27:01) 01:48:10 (00:26:50) 02:15:13 (00:27:04) 02:41:44 (00:26:31) 03:08:27 (00:26:43) 03:35:58 (00:27:32) 04:03:32 (00:27:34) 04:32:17 (00:28:45) 05:01:11 (00:28:55) 05:30:49 (00:29:39) 06:00:38 (00:29:49) 06:30:31 (00:29:53) 07:00:51 (00:30:21)
		144	Steuck, Ekkehard	LC Auensee Leipzig	GER	

XXIX. Internationaler 100km-Lauf von Grünheide/Kienbaum

Gesamteinlauf

Ranking		No.	Name	Club	Nation	Result
total	age class					
			00:28:47 (00:28:47) 01:00:51 (00:32:04) 01:34:30 (00:33:40) 02:10:10 (00:35:40) 02:47:12 (00:37:03)			
			03:23:37 (00:36:25) 03:59:58 (00:36:22) 04:36:39 (00:36:41) 05:13:26 (00:36:48) 05:50:21 (00:36:55)			
			06:26:09 (00:35:48) 07:04:17 (00:38:08) 07:44:45 (00:40:29) 08:25:49 (00:41:05) 09:12:17 (00:46:28)			
130		Stutzke, Silke	LG Nord Berlin	GER		
			00:27:49 (00:27:49) 00:56:14 (00:28:26) 01:24:40 (00:28:27) 01:52:20 (00:27:40) 02:20:19 (00:27:59)			
			02:48:09 (00:27:50) 03:16:48 (00:28:40) 03:46:08 (00:29:20) 04:16:30 (00:30:23) 04:50:11 (00:33:41)			
			05:29:03 (00:38:53) 06:10:55 (00:41:52) 06:48:49 (00:37:55) 07:35:23 (00:46:34)			
154		Abel, Ines	Berlin	GER		
			00:32:37 (00:32:37) 01:06:33 (00:33:57) 01:40:05 (00:33:33) 02:14:10 (00:34:05) 02:47:24 (00:33:15)			
			03:20:32 (00:33:08) 03:56:55 (00:36:24) 04:31:02 (00:34:07) 05:12:10 (00:41:09) 05:52:49 (00:40:39)			
			06:42:42 (00:49:53) 07:21:24 (00:38:42) 08:14:07 (00:52:44)			
121		Wild, Karlheinz	TLV Rangsdorf	GER		
			00:20:19 (00:20:19) 00:41:17 (00:20:59) 01:02:23 (00:21:06) 01:23:43 (00:21:20) 01:45:02 (00:21:20)			
			02:06:17 (00:21:15) 02:27:27 (00:21:11) 02:48:59 (00:21:32) 03:10:38 (00:21:40) 03:33:00 (00:22:23)			
			03:55:13 (00:22:14) 04:21:50 (00:26:37)			
162		Greshake, Tomas	SuS Olfen	GER		
			00:25:47 (00:25:47) 00:52:17 (00:26:30) 01:18:50 (00:26:34) 01:45:02 (00:26:12) 02:11:48 (00:26:47)			
			02:38:48 (00:27:00) 03:06:15 (00:27:28) 03:35:41 (00:29:27) 04:05:23 (00:29:42) 04:34:27 (00:29:05)			
			05:01:44 (00:27:17) 05:34:31 (00:32:47)			
150		Schmidt, Peter	LC Ron-Hill Berlin	GER		
			00:28:55 (00:28:55) 00:57:55 (00:29:00) 01:26:05 (00:28:10) 01:55:07 (00:29:03) 02:23:58 (00:28:51)			
			02:53:53 (00:29:56) 03:25:16 (00:31:23) 04:00:28 (00:35:13) 04:36:52 (00:36:24) 05:18:46 (00:41:54)			
			05:59:14 (00:40:29) 06:52:35 (00:53:21)			
114		Zimmermann, Walter	LG Würzburg	GER		
			00:30:26 (00:30:26) 01:02:02 (00:31:37) 01:33:25 (00:31:23) 02:05:03 (00:31:38) 02:36:43 (00:31:41)			
			03:09:08 (00:32:25) 03:43:17 (00:34:09) 04:19:04 (00:35:48) 04:55:36 (00:36:32) 05:33:03 (00:37:27)			
			06:10:27 (00:37:25) 06:48:16 (00:37:50)			
131		Stutzke, Jörg	LG Nord Berlin	GER		
			00:26:09 (00:26:09) 00:53:34 (00:27:26) 01:19:51 (00:26:17) 01:46:06 (00:26:16) 02:12:16 (00:26:10)			
			02:37:51 (00:25:36) 03:04:43 (00:26:53) 03:30:45 (00:26:02) 03:57:40 (00:26:55) 04:24:53 (00:27:14)			
			04:54:41 (00:29:48)			
177		Schulz, Thomas	1. FC Union	GER		
			00:23:17 (00:23:17) 00:47:12 (00:23:55) 01:10:57 (00:23:45) 01:34:34 (00:23:37) 01:58:50 (00:24:17)			
			02:22:12 (00:23:23) 02:45:53 (00:23:41) 03:09:50 (00:23:57) 03:33:55 (00:24:05) 03:57:12 (00:23:18)			
174		Zimmermann, Mario	Berlin	GER		
			00:24:06 (00:24:06) 00:51:42 (00:27:36) 01:16:09 (00:24:28) 01:41:27 (00:25:19) 02:05:59 (00:24:33)			
			02:30:26 (00:24:27) 02:55:11 (00:24:46) 03:20:25 (00:25:14) 03:45:52 (00:25:28) 04:10:25 (00:24:34)			
117		Hopp, Michael	ESV Lok Potsdam	GER		
			00:25:21 (00:25:21) 00:51:33 (00:26:12) 01:17:25 (00:25:53) 01:44:19 (00:26:54) 02:11:58 (00:27:40)			
			02:39:10 (00:27:12) 03:06:59 (00:27:50) 03:34:40 (00:27:41) 04:01:17 (00:26:37) 04:28:30 (00:27:14)			

XXIX. Internationaler 100km-Lauf von Grünheide/Kienbaum

Gesamteinlauf

Ranking total	age class	No.	Name	Club	Nation	Result	
178			Cegielski, Mathias	0	GER	00:28:01 (00:28:01) 00:57:14 (00:29:13) 01:26:25 (00:29:12) 01:54:52 (00:28:27) 02:23:44 (00:28:52)	02:52:19 (00:28:36) 03:21:26 (00:29:07) 03:49:56 (00:28:30) 04:18:12 (00:28:17) 04:46:22 (00:28:11)
179			Treneny, Manfred	Weltraumjogger	GER	00:28:01 (00:28:01) 00:57:14 (00:29:13) 01:26:25 (00:29:12) 01:54:52 (00:28:27) 02:23:43 (00:28:52)	02:54:20 (00:30:37) 03:21:26 (00:27:07) 03:49:56 (00:28:30) 04:18:16 (00:28:20) 04:46:22 (00:28:07)
180			Koch, Heico	Berlin	GER	00:28:01 (00:28:01) 00:57:14 (00:29:13) 01:26:25 (00:29:11) 01:54:52 (00:28:28) 02:23:44 (00:28:52)	02:52:19 (00:28:36) 03:21:27 (00:29:08) 03:50:22 (00:28:55) 04:19:34 (00:29:13) 04:49:12 (00:29:38)
168			König, Jan-Per	LT Nordkreuz Berlin	GER	00:28:38 (00:28:38) 00:58:50 (00:30:12) 01:27:39 (00:28:50) 01:56:55 (00:29:17) 02:25:45 (00:28:50)	02:55:22 (00:29:37) 03:25:04 (00:29:43) 03:54:58 (00:29:54) 04:27:51 (00:32:54) 04:59:07 (00:31:16)
169			Wallis, Mike	LT Nordkreuz Berlin	GER	00:28:38 (00:28:38) 00:58:50 (00:30:12) 01:27:38 (00:28:49) 01:56:55 (00:29:17) 02:25:44 (00:28:50)	02:55:22 (00:29:38) 03:25:04 (00:29:42) 03:54:57 (00:29:53) 04:29:13 (00:34:17) 04:59:07 (00:29:54)
113			Rueß, André	Tri Team Berlin	GER	00:29:36 (00:29:36) 00:57:54 (00:28:19) 01:26:04 (00:28:11) 01:54:04 (00:28:01) 02:21:24 (00:27:20)	02:53:09 (00:31:46) 03:21:59 (00:28:50) 03:54:46 (00:32:48) 04:30:20 (00:35:34) 05:05:48 (00:35:28)
160			Lübke, Wilfried	SCC Berlin	GER	00:27:40 (00:27:40) 00:56:04 (00:28:25) 01:24:23 (00:28:19) 01:52:59 (00:28:36) 02:21:39 (00:28:41)	02:52:22 (00:30:44) 03:25:22 (00:33:00) 03:58:12 (00:32:51) 04:35:46 (00:37:34) 05:11:45 (00:36:00)
165			Bohn, Gunter	GMRLV Kleinmachnow	GER	00:27:49 (00:27:49) 00:56:58 (00:29:09) 01:27:02 (00:30:04) 01:56:33 (00:29:31) 02:26:33 (00:30:01)	02:57:31 (00:30:59) 03:28:28 (00:30:57) 04:01:27 (00:33:00) 04:36:43 (00:35:16) 05:13:46 (00:37:04)
122			Eichner, Sigrid	100 Marathon Club	GER	00:32:24 (00:32:24) 01:06:15 (00:33:51) 01:40:38 (00:34:23) 02:14:24 (00:33:47) 02:48:31 (00:34:07)	03:23:59 (00:35:29) 04:00:39 (00:36:40) 04:38:09 (00:37:31) 05:18:09 (00:40:00) 05:58:22 (00:40:14)
156			Mönnichs, Barbara	Münster	GER	00:32:00 (00:32:00) 01:07:03 (00:35:03) 01:41:01 (00:33:58) 02:16:03 (00:35:03) 02:54:26 (00:38:23)	03:29:38 (00:35:13) 04:09:55 (00:40:17) 04:47:11 (00:37:17) 05:25:05 (00:37:54) 06:03:12 (00:38:07)
173			Schulz, Klaus	SCMT	GER	00:36:44 (00:36:44) 01:14:50 (00:38:07) 01:54:32 (00:39:43) 02:37:09 (00:42:37) 03:21:10 (00:44:02)	04:09:33 (00:48:23) 04:58:46 (00:49:14) 05:46:34 (00:47:48) 06:34:31 (00:47:57) 07:21:02 (00:46:32)

XXIX. Internationaler 100km-Lauf von Grünheide/Kienbaum Gesamteinlauf

Ranking		No.	Name	Club	Nation	Result
total	age class					
103			Koschwitz, Silvia	Berliner Seehunde	GER	
			00:52:12 (00:52:12) 01:51:13 (00:59:01) 02:53:19 (01:02:07) 03:57:37 (01:04:18) 05:03:03 (01:05:26)			
			06:09:40 (01:06:37) 07:15:07 (01:05:28) 08:23:01 (01:07:54) 09:33:50 (01:10:49) 10:44:08 (01:10:18)			
129			Krämer, Timo	LG Nord Berlin	GER	
			00:28:32 (0:28:32;) 00:59:32 (0:31:01;) 01:29:48 (0:30:16;) 02:00:44 (0:30:56;) 02:31:44 (0:31:01;)			
			03:09:29 (0:37:45;) 03:41:54 (0:32:25;)			