

# XXXII. 100km - Lauf von Grünheide/Kienbaum am 24.03.2012



Ergebnisliste nach Geschlecht mit AK-Wertung - 50 km

| Pl.           | AK     | Snr. | Name  | Verein (Wohnort)   | NAT | Ziel   |
|---------------|--------|------|---|--|-----|--|
| <b>50 km</b>  |        |      |   |  |     |  |
| <b>Frauen</b> |        |      |   |  |     |  |
| 1.            | 1. W35 | 187  | SYP, Peggy<br>00:26:55 (26:55)<br>02:45:23 (28:46)            | ALG Löcknitztal<br>00:53:53 (26:58)<br>03:14:35 (29:12)            | GER | 4:41:39<br>01:21:43 (27:50)<br>03:43:40 (29:05)<br>01:49:06 (27:23)<br>04:12:37 (28:58)<br>02:16:38 (27:33)<br>04:41:39 (29:03)  |
| 2.            | 1. W45 | 173  | WENDLER, Anne<br>00:29:34 (29:34)<br>02:59:46 (30:33)         | TRITEAM Berlin<br>00:59:30 (29:57)<br>03:30:30 (30:45)             | GER | 5:08:30<br>01:28:47 (29:18)<br>04:02:08 (31:38)<br>01:58:24 (29:37)<br>04:35:07 (33:00)<br>02:29:14 (30:50)<br>05:08:30 (33:23)  |
| 3.            | 2. W35 | 175  | TIMMERMANN, Madeleine<br>00:29:41 (29:41)<br>03:02:56 (31:36) | SV Blau - Weiß Petershagen<br>00:59:36 (29:55)<br>03:36:38 (33:43) | GER | 5:17:01<br>01:29:20 (29:45)<br>04:09:35 (32:58)<br>02:00:08 (30:48)<br>04:43:09 (33:34)<br>02:31:20 (31:12)<br>05:17:01 (33:53)  |
| 4.            | 1. W55 | 197  | EHRENREICH, Carmen<br>00:33:55 (33:55)<br>03:27:47 (35:57)    | (Wandlitz)<br>01:08:36 (34:42)<br>04:03:37 (35:50)                 | GER | 5:55:01<br>01:42:36 (34:01)<br>04:39:48 (36:12)<br>02:16:37 (34:01)<br>05:16:57 (37:09)<br>02:51:50 (35:14)<br>05:55:01 (38:04)  |
| 5.            | 1. W60 | 169  | EBERLE, Gunla<br>00:41:08 (41:08)<br>04:47:26 (49:56)         | 100 - Marathon Club<br>01:27:19 (46:12)<br>05:34:43 (47:17)        | GER | 8:10:13<br>02:17:33 (50:14)<br>06:25:36 (50:54)<br>03:06:25 (48:53)<br>07:18:32 (52:57)<br>03:57:31 (51:06)<br>08:10:13 (51:41)  |
| 6.            | 1. W75 | 168  | KUNZE, Christel<br>00:49:11 (49:11)<br>05:11:18 (58:18)       | DUV<br>01:38:47 (49:36)<br>06:07:17 (56:00)                        | GER | 9:09:33<br>02:29:08 (50:22)<br>07:03:24 (56:07)<br>03:19:37 (50:29)<br>08:03:19 (59:55)<br>04:13:00 (53:23)<br>09:09:33 (66:15)  |
| 7.            | 1. W50 | 167  | KOSCHWITZ, Silvia<br>00:55:33 (55:33)<br>06:07:12 (63:18)     | Berliner Seehunde<br>01:53:41 (58:09)<br>07:09:51 (62:39)          | GER | 10:29:04<br>03:01:37 (67:57)<br>08:14:45 (64:55)<br>04:02:10 (60:33)<br>09:20:42 (65:57)<br>05:03:55 (61:45)<br>10:29:04 (68:22) |
| <b>Männer</b> |        |      |   |  |     |  |
| 1.            | 1. M30 | 179  | HÄBLINGER, Johannes<br>00:19:46 (19:46)<br>01:59:17 (20:10)   | VC / LG Nienburg<br>00:39:36 (19:51)<br>02:22:17 (23:01)           | GER | 3:25:39<br>00:59:23 (19:47)<br>02:42:50 (20:33)<br>01:19:11 (19:48)<br>03:03:55 (21:06)<br>01:39:08 (19:57)<br>03:25:39 (21:45)  |
| 2.            | 1. M40 | 260  | BECHER, Jan<br>00:22:49 (22:49)<br>02:14:36 (22:30)           | (Hohen Neuendorf)<br>00:45:13 (22:24)<br>02:37:09 (22:34)          | GER | 3:44:35<br>01:07:20 (22:08)<br>03:00:12 (23:03)<br>01:29:45 (22:25)<br>03:22:41 (22:29)<br>01:52:06 (22:22)<br>03:44:35 (21:54)  |
| 3.            | 1. M45 | 176  | BARTUSCH, Jens<br>00:22:48 (22:48)<br>02:14:36 (22:30)        | BSG Pneumant Fürstenwalde<br>00:45:15 (22:28)<br>02:37:08 (22:33)  | GER | 3:46:12<br>01:07:46 (22:31)<br>03:00:10 (23:02)<br>01:30:01 (22:15)<br>03:22:47 (22:38)<br>01:52:06 (22:06)<br>03:46:12 (23:25)  |
| 4.            | 2. M40 | 258  | KOCH, Heiko<br>00:22:44 (22:44)<br>02:14:36 (22:31)           | (Berlin)<br>00:45:13 (22:29)<br>02:37:10 (22:35)                   | GER | 3:46:49<br>01:07:21 (22:08)<br>03:00:12 (23:02)<br>01:29:45 (22:25)<br>03:23:19 (23:07)<br>01:52:06 (22:21)<br>03:46:49 (23:31)  |
| 5.            | 2. M45 | 178  | DACHS, Manfred<br>00:21:39 (21:39)<br>02:14:36 (22:57)        | VC / LG Nienburg<br>00:44:03 (22:24)<br>02:38:14 (23:38)           | GER | 3:49:56<br>01:06:37 (22:35)<br>03:02:06 (23:53)<br>01:29:15 (22:39)<br>03:25:53 (23:48)<br>01:51:40 (22:25)<br>03:49:56 (24:03)  |
| 6.            | 3. M40 | 174  | TIMMERMANN, Dirk<br>00:22:49 (22:49)<br>02:13:49 (22:42)      | SV Blau - Weiß Petershagen<br>00:45:15 (22:27)<br>02:36:59 (23:10) | GER | 3:53:07<br>01:07:10 (21:55)<br>03:01:27 (24:28)<br>01:29:03 (21:54)<br>03:26:57 (25:31)<br>01:51:08 (22:05)<br>03:53:07 (26:10)  |
| 7.            | 3. M45 | 166  | GRAF, Olaf<br>00:23:09 (23:09)<br>02:19:24 (23:27)            | SV Blau - Weiß Petershagen<br>00:45:48 (22:40)<br>02:43:56 (24:32) | GER | 3:58:33<br>01:09:06 (23:18)<br>03:08:50 (24:55)<br>01:32:18 (23:13)<br>03:33:58 (25:09)<br>01:55:58 (23:40)<br>03:58:33 (24:35)  |
| 8.            | 4. M40 | 257  | SCHULZ, Thomas<br>00:24:00 (24:00)<br>02:26:00 (29:27)        | 1. FC Union Berlin<br>00:47:30 (23:30)<br>02:49:00 (23:00)         | GER | 3:59:12<br>01:11:30 (24:00)<br>03:12:00 (23:00)<br>01:33:22 (21:53)<br>03:33:19 (21:19)<br>01:56:34 (23:12)<br>03:59:12 (25:54)  |
| 9.            | 1. M20 | 177  | WESSEL, Jan<br>00:24:30 (24:30)<br>02:27:20 (23:59)           | VC / LG Nienburg<br>00:48:46 (24:16)<br>02:51:34 (24:15)           | GER | 4:07:23<br>01:13:55 (25:10)<br>03:16:41 (25:07)<br>01:38:37 (24:43)<br>03:42:14 (25:34)<br>02:03:22 (24:45)<br>04:07:23 (25:10)  |
| 10.           | 5. M40 | 183  | PANTEL, Sascha<br>00:23:56 (23:56)<br>02:26:53 (24:35)        | LG Nord Berlin<br>00:48:27 (24:31)<br>02:52:15 (25:23)             | GER | 4:08:52<br>01:12:42 (24:15)<br>03:17:38 (25:24)<br>01:38:18 (25:37)<br>03:43:22 (25:45)<br>02:02:18 (24:01)<br>04:08:52 (25:30)  |
| 11.           | 2. M20 | 190  | JAENICKE, Marco<br>00:24:05 (24:05)<br>02:27:14 (23:53)       | Laser Line<br>00:48:53 (24:48)<br>02:51:16 (24:02)                 | GER | 4:09:03<br>01:13:55 (25:03)<br>03:16:35 (25:19)<br>01:38:37 (24:42)<br>03:42:15 (25:40)<br>02:03:21 (24:45)<br>04:09:03 (26:49)  |
| 12.           | 4. M45 | 189  | ROHMANN, Nic<br>00:23:16 (23:16)<br>02:15:36 (22:52)          | TV Fürstenwalde 1990<br>00:46:05 (22:49)<br>02:40:19 (24:43)       | GER | 4:17:31<br>01:08:30 (22:26)<br>03:06:53 (26:35)<br>01:30:39 (22:10)<br>03:34:18 (27:26)<br>01:52:44 (22:05)<br>04:17:31 (43:14)  |
| 13.           | 1. M50 | 170  | KELLER, Carsten<br>00:27:13 (27:13)<br>02:43:40 (27:30)       | DUV<br>00:54:14 (27:02)<br>03:11:18 (27:38)                        | GER | 4:30:09<br>01:21:15 (27:02)<br>03:38:47 (27:29)<br>01:48:40 (27:25)<br>04:05:18 (26:32)<br>02:16:11 (27:32)<br>04:30:09 (24:51)  |
| 14.           | 1. M55 | 186  | FRIEDRICH, Bernd<br>00:29:18 (29:18)<br>02:49:44 (28:37)      | LT Bernd Hübner<br>00:57:10 (27:53)<br>03:16:51 (27:07)            | GER | 4:39:17<br>01:24:59 (27:49)<br>03:45:01 (28:10)<br>01:53:00 (28:02)<br>04:12:45 (27:45)<br>02:21:08 (28:08)<br>04:39:17 (26:32)  |
| 15.           | 6. M40 | 188  | JAEGER, Jens<br>00:28:48 (28:48)<br>02:48:56 (27:49)          | ESV Lock Zwickau<br>00:57:11 (28:23)<br>03:16:51 (27:55)           | GER | 4:42:44<br>01:25:09 (27:59)<br>03:45:01 (28:11)<br>01:53:16 (28:08)<br>04:13:54 (28:53)<br>02:21:07 (27:51)<br>04:42:44 (28:51)  |

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| Pl. | AK     | Snr. | Name  | Verein (Wohnort)   | NAT | Ziel  |
|-----|--------|------|---|--|-----|---|
| 16. | 1. M60 | 182  | PALM, Hajo<br>00:29:05 (29:05)<br>02:52:24 (28:41)        | LG Nord Berlin<br>01:26:28 (28:37)<br>03:50:32 (29:16)               | GER | 4:50:42<br>02:23:44 (28:44)<br>04:50:42 (30:22) |
| 17. | 5. M45 | 259  | ULBRICH, Mario<br>00:27:42 (27:42)<br>02:45:58 (27:25)    | SG Aufbau Mitte Dresden<br>01:23:27 (28:02)<br>03:45:02 (30:26)      | GER | 4:55:37<br>02:18:33 (27:21)<br>04:55:37 (35:51) |
| 18. | 2. M50 | 198  | INGWERSEN, Maik<br>00:26:54 (26:54)<br>02:45:56 (28:48)   | SV Potsdam<br>01:21:11 (27:25)<br>03:49:20 (33:15)                   | GER | 5:02:15<br>02:17:09 (28:07)<br>05:02:15 (36:04) |
| 19. | 7. M40 | 185  | SEEMANN, Tammo<br>00:26:42 (26:42)<br>02:50:58 (30:55)    | (Oldenburg)<br>01:22:09 (27:45)<br>03:56:31 (32:40)                  | GER | 5:07:01<br>02:20:03 (29:57)<br>05:07:01 (35:47) |
| 20. | 3. M50 | 172  | RUESS, André<br>00:29:18 (29:18)<br>02:52:44 (34:19)      | TRITEAM Berlin<br>01:23:47 (26:58)<br>04:00:36 (36:28)               | GER | 5:20:02<br>02:18:25 (27:13)<br>05:20:02 (39:42) |
| 21. | 8. M40 | 165  | SEEWALD, Matthias<br>00:30:46 (30:46)<br>03:06:51 (32:03) | Berlin<br>01:32:46 (30:51)<br>04:14:59 (35:27)                       | GER | 5:26:54<br>02:34:48 (31:25)<br>05:26:54 (36:44) |
| 22. | 6. M45 | 171  | SCHIWEK, Uwe<br>00:27:58 (27:58)<br>02:45:09 (28:34)      | die stolpernden Schildkröten<br>01:21:42 (26:45)<br>03:58:01 (36:22) | GER | 5:28:40<br>02:16:36 (27:48)<br>05:28:40 (47:44) |
| 23. | 9. M40 | 23   | SAGA, Sascha<br>00:29:03 (29:03)<br>03:00:40 (31:10)      | Berlin<br>01:28:23 (29:34)<br>04:14:47 (40:18)                       | GER | 5:37:28<br>02:29:30 (29:59)<br>05:37:28 (41:09) |
| 24. | 2. M60 | 181  | LÜBKE, Wilfried<br>00:29:30 (29:30)<br>03:08:29 (33:16)   | SCC<br>01:29:21 (30:01)<br>04:23:36 (37:04)                          | GER | 5:43:36<br>02:35:14 (35:03)<br>05:43:36 (40:23) |
| 25. | 4. M50 | 266  | SCHOLZ, Stefan<br>00:32:53 (32:53)<br>03:23:05 (35:09)    | LG DUV<br>01:39:23 (32:56)<br>04:33:58 (35:51)                       | GER | 5:49:17<br>02:47:56 (34:14)<br>05:49:17 (38:07) |
| 26. | 5. M50 | 180  | LABS, Michael<br>00:33:11 (33:11)<br>03:35:46 (37:48)     | DUV<br>01:44:06 (36:59)<br>04:54:09 (39:51)                          | GER | 6:17:12<br>02:57:59 (38:01)<br>06:17:12 (41:49) |

Anzahl Teilnehmer: 33